

**FOUR YEAR UNDERGRADUATE PROGRAM (NEP-2020)**

**Program: Bachelor in Arts (2024 -28)**

**DISCIPLINE – PSYCHOLOGY**

**Session – 2024 -25**

DISCIPLINE SPECIFIC COURSE DSC- 01 TO 08		DISCIPLINE ELECTIVEC COURSE (DSE)- 01 TO 12	
CODE	TITLE	CODE	TITLE
PSSC-01T	Introduction To Psychology	PSSE -01T	Applied Cognitive Psychology
PSSC-01P	Lab. Course -1 (Experiment and Activity)	PSSE -01P	Lab. Course -1(Experiment and Activity)
PSSC-02T	Psychopathology	PSSE -02T	Positive Psychology
PSSC-02P	Lab. Course -2 (Psychological Testing)	PSSE -02P	Lab. Course -2(Psychological Testing)
PSSC-03T	Foundation of Social Psychology	PSSE -03T	Sports And Exercise Psychology
PSSC-03P	Lab. Course -3t(Experiment and Activity)	PSSE -03P	Lab. Course -3 (Activity)
PSSC-04T	Psychological Assessment	PSSE -04T	Psychology of Health And Yoga
PSSC-04P	Lab. Course -4 (Psychological Testing)	PSSE -04P	Lab. Course -4 (Activity)
PSSC-05T	Quantitative Data Analysis	PSSE -05T	Educational Psychology
PSSC-05P	Lab. Course -5 (Activity)	PSSE -05P	Lab. Course -5 (Activity)
PSSC-06T	Personality Psychology	PSSE -06T	Community Psychology
PSSC-06P	Lab. Course -6 (Activity)	PSSE -06P	Lab. Course -6 (Activity)
PSSC-07T	Human Development	PSSE -07T	Fundamentals of Clinical Psychology- I
PSSC-07P	Lab. Course -7 (Activity)	PSSE -07P	Lab. Course -7 (Activity)
PSSC-08T	Fundamentals Of Counseling	PSSE -08T	Human Resource Management
PSSC-08P	Lab. Course -8 (Activity)	PSSE -08P	Lab. Course -8 (Activity)
		PSSE -09T	Forensic Psychology
		PSSE -09P	Lab. Course -9 (Activity)
		PSSE -10T	Environmental Psychology
		PSSE -10P	Lab. Course -10 (Activity)
		PSSE -11T	Fundamentals Of Clinical Psychology- II
		PSSE -11P	Lab. Course -11 (Activity)
		PSSE -12T	Organizational Psychology
		PSSE -12P	Lab. Course -12 (Activity)
<b>GE – 01&amp;02</b>		<b>VAC</b>	
PSGE- 01T	Introduction To Psychology	PSVAC-01	Stress Management
PSGE- 01P	Lab. Course -1 (Experiment and Activity)	<b>SEC</b>	
PSGE- 02T	Psychopathology	PSSEC-01	Statistical Package for Science & Social Science( Excel, SPSS)
PSGE- 02P	Lab. Course -2 (Psychological Testing)		

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Anand

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Anshu Panik

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Rachita skirickan

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Mutha Alka Kerketty

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Dr. Babbarat Shukla

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Dr. Gupiti Biswas

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A. Deouskar

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Chandhyant

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Pamch Janshu



**Pos05:** They have a fair knowledge of Psychology course to take on high studies and research.

**Program Specific Outcomes -**

**PS01:** To able to describe and explain human behavior through deep understanding of its theories and approaches. Students would be equipped with foundation skills needed to be a psychologist.

**PSO2-** To relate one's behavior to its socio-cultural content students would have knowledge to pursue higher education in Psychology.

**P503.** To operationalize the concepts of behavior in the lab and real-life situations: students would be able to analyze and resolve psychological issue faced by self and others.

**PS04:** To develop and acquire "skills of psychological Assessment.

**PS05.** To be able to progress on the path of higher studies, psychological services and research.

**Four-Year Undergraduate Program (2024-2028)**

**Department of Psychology**

**Course curriculum**

**Degree Course**

**Program Outcomes (PO)-B.A. Psychology**

**PO 1 Critical Thinking:** Take informed actions after identifying the assumptions that frame our thinking and actions, checking out the degree to which these assumptions are accurate and valid, and looking at our ideas and decisions (intellectual, organizational, and personal) from different perspectives.

**PO 2 Effective Communication:** Speak, read, write and listen clearly in person and through electronic media in English and in one Indian language, and make meaning of the world by connecting people, ideas, books, media and technology.

**PO 3 Social Interaction:** Elicit views of others, mediate disagreements and help reach conclusions in group settings.

**PO 4 Effective Citizenship:** Demonstrate empathetic social concern and equity centered national development, and the ability to act with an informed awareness of issues and participate in civic life through volunteering.

**PO 5 Ethics:** Recognize different value systems including your own, understand the moral dimensions of your decisions, and accept responsibility for them.

**PO 6 Environment and Sustainability:** Understand the issues of environmental contexts and sustainable development.

**PO 7 Self-directed and Life-long Learning:** Acquire the ability to engage in independent and life-long learning in the broadest context socio-technological changes

**Program Specific Outcomes (PSO)-B.A. Psychology**

**PSO 1 Knowledge of basic concepts of Psychology:** To impart knowledge and understanding of the basic concepts, systems, theories of psychology and psychopathology.

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*Anand*  
*Janvini*  
*Podar*  
*Mishra*  
*Govar*  
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**PSO 2 Practical application Skills:** An ability to apply the theoretical principles of Psychology demonstrating an understanding of behavior, thoughts, and feelings of the individual and the individual in group settings

**PSO 3 Assessment skills:** Basic professional skills pertaining to psychological testing, assessment and counseling.

**PSO 4 Multicultural competence:** To recognize, understand, and respect the complexity of multiculturalism in the practice and application of counseling and psychotherapy.

### Four-Year Undergraduate Program (2024-2028)

#### Department of Psychology

#### Course curriculum

#### Honors Course

### Program Outcomes (PO)-B.A. Psychology

**PO 1:** Students will learn scientific methods, basic psychological processes and perspectives in Psychology

**PO 2:** Students will develop skills to live in the social world by understanding psycho aspects of various social phenomena, errors in interaction and theoretical approaches of behavior.

**PO 3:** Students will be equipped with skills to identify and diagnose mental disorders causal and appropriate treatment of different disorders.

**PO 4:** Skilful to identify strategies to Manage organizations more effectively and will be in topics like Leadership, Motivation, Power, Conflict, Negotiation, etc.

**PO 5:** Gain familiarity with skills of observation and scientific reporting in psychology; training, planning and conducting a psychological experiment.

**PO 6:** Equipped with theoretical knowledge, approaches and issues of counseling.

**PO 7:** Acquaint with different mental health problems of children and elderly through internship.

**PO 8:** Familiar with psychological instruments and tools and developed the ability to und self and others.

**PO 9:** Familiar with biological basis of behavior and basic statistical methods psychological research.

**PO 10:** Student will have theoretical knowledge on the process and nature of child development.

**PO 11:** Develop basic skills in conducting scientific research

### Program Specific Outcomes (PSO)-B.A. Psychology

**PSO1:** Student of Advance Course of Psychology to grow in sensitivity, sympathy and empathy towards others.

**PSO2:** Students are Learn to work in a team and develop leadership qualities, accept and respect individual differences and work with responsibility and Commitment.

**PSO3:** Students also develop an understanding about inclusive education and its benefits through the social outcome Outreach Program.

**PSO 4:** Students are encouraged to conduct short empirical and archival researches so that they develop an understanding about application of statistics and research methodology.

*Shubha*

*Anand*

*Hemant*

*Sanjay*

*Pooja Mittal*

*Pankaj*

*ANNA*

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**PS05:** Students are trained to present papers in Seminars and also get the research paper Published in reputed journals.

**PS06:** Students gather exhaustive Knowledge in different areas pertaining to psychology. It helps student to get an understanding, about the practical applications, implications and generalizations about the different aspects of the Subject from book to goal life situations.

**PS07:** with extensive field community and hospital settings the program would make the candidate competent to deal with patients and other needy people.

**PS08:** Through supervised training the candidate would have acquired professional skill to go for ethical and responsible practice.

**PS09:** The program would have turned them an empathetic individual working to enhance the happiness and well-being.

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*P. S. S.*  
*A. S. S.*  
*R. S. S.*  
*M. S. S.*  
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FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)  
DEPARTMENT OF PSYCHOLOGY  
COURSE CURRICULUM

<b>PART-A: Introduction</b>			
<b>Program: Bachelor in Arts</b> <i>(Certificate/Diploma/Degree/Honors)</i>		<b>Semester-I</b>	<b>Session:2024-2025</b>
1	Course Code	PSSC-01T	
2	Course Title	Introduction to Psychology	
3	Course Type	<i>Discipline Specific Course (DSC)</i>	
4	Pre-requisite(if, any)	<i>As per program</i>	
5	Course Learning Outcomes(CLO)	<p><i>After the completion of course, the students will have ability to:</i></p> <ul style="list-style-type: none"> <li>➤ <i>Learning what psychology is all about.</i></li> <li>➤ <i>Appreciation of the scope and the field of psychology.</i></li> <li>➤ <i>Developing familiarity with basic concepts related to some foundational themes of study in psychology such as learning, memory, perception, thinking, emotion, motivation and human biological system including brain</i></li> <li>➤ <i>Developing familiarity with individual level phenomenon such as intelligence, and personality.</i></li> </ul>	
6	Credit Value	03 Credit	<i>Credit = 15 Hours - learning &amp; Observation</i>
7	Total Marks	Max.Marks:100	Min Passing Marks:40
<b>PART-B: Content of the Course</b>			
<b>Total No. of Learning-Training (01 Hr. per period) - 45 Periods (45 Hours)</b>			
Unit	Topics (Course contents)		No. of Period
<b>I</b>	Introduction: 1.1 Nature of Psychology: Definition, Fields of Psychology, Introduction to schools of modern psychology 1.2 Psychology in India: History and current status 1.3 Methods of psychology: Introspection, Observation, Experiment and Interview 1.4 Biological basis of human behavior: Nervous System and Glands		<b>12</b>
<b>II</b>	Learning, Memory and Perception 2.1 Learning: Classical conditioning, instrumental learning, Observational learning (socio-cognitive learning); 2.2 Memory: Models of memory: Information processing model (Sensory register, STM, LTM and concept of working memory) 2.3 Reconstructive nature of memory; Forgetting, Nature and interfering theory		<b>11</b>
<b>III</b>	Motivation & Emotion 3.1 Approaches to understand Motivation; Maslow and Arousal theory 3.2 Types of Motives (Biological and Social) 3.3 Emotion ; Nature and type		<b>11</b>

*Shukla*

*Pankaj Bawani*

*Ravi Mittal*

*Jyoti Anand*

*Muhammad*

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	3.4 Emotional Intelligence and Gender	
<b>IV</b>	Individual differences: Personality and Intelligence 4.1 Nature of Personality and Intelligence 4.2 Personality: Theories Nature concept, Big Five Personality Traits 4.3 Intelligence: Theories (Spearman, Thurston )	<b>11</b>
<b>Keywords</b>	<i>Nervous system ,Motivation, Emotion, Learning, Memory ,Perception, Emotional Intelligence, Personality ,Intelligence</i>	

### PART-C

#### Learning Resources: Text Books, Reference Books and Others

##### **Text Books Recommended**

1. Mangal, S.K. (2016), General Psychology first edition, Sterling
2. Shrivastav , D.N. (2012), General Psychology first edition, Agrawal Publications , Sanjay Nagar, Agra
3. Shrivastav , D.N. and Verma Preeti (2018-19), Adhunik Samanya Manovigyan, Agrawal Publications , Sanjay Nagar, Agra
4. Singh , A.K. (2015-16), Adhunik Samanya Manovigyan, Motilal Banarsidas, Jawahar Nagar , New Delhi
5. Singh , A.K. (2015-16), Samanya Manovigyan, Motilal Banarsidas, Jawahar Nagar , New Delhi
6. Ajimurahmaan (2015-16), Samanya Manovigyan, Motilal Banarsidas, Jawahar Nagar , New Delhi
7. Baron, R.& Misra. G.(2014) *Introduction to Psychology*. New Delhi: Pearson
8. Ciccarelli,S.K.&White,J.N.&Misra,G.(2018).*Psychology*.NewDelhi:Pearson Education.
9. Morgan, CT.,King, R., Weisz,J.& Schopler,J.(2017).*Introduction to Psychology*(7<sup>th</sup>Ed). McGraw Hills.
10. Panel Gullybabacom, General Psychology, Gullybaba Publishing House Pvt. Ltd

##### **Reference Books Recommended**

1. Holt,N.,Bremner,A.,Sutherland,E.,Vliek,M.andPasser,M.,&Smith,R.(2015). Psychology: The Science of Mind and Behaviour. London: Tata McGraw-Hill
2. Banyard, P., Davies , M. N.O., Norman, C. & Winder, B. (Eds.) (2010).Essential psychology. New Delhi: SAGE Publications

##### **Online Resources–**

###### **e-Resources/e-books and e-learning portals**

- Swayam Central  
<https://swayam.gov.in>
- youtube

##### **Online Resources–**

###### **e-Resources/e-books and e-learning portals**

- <https://egyankosh.ac.in/>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>



FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)  
DEPARTMENT OF PSYCHOLOGY  
COURSE CURRICULUM

<b>PART-A: Introduction</b>			
Program: Bachelor in Arts (Certificate/Diploma/Degree/Honors)		Semester– I	Session:2024-2025
1	Course Code	PSSC-01P	
2	Course Title	Lab Course -1 (Experiment &Activity)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	<i>After the completion of course, the students will have ability to:</i> <ul style="list-style-type: none"> <li>➤ Concept clarification</li> <li>➤ Applicability of skill development</li> <li>➤ Develop analytical thinking</li> </ul>	
6	Credit Value	01 Credit	Credit =30 Hours Laboratory or Field learning/Training
7	Total Marks	Max.Marks:50	Min Passing Marks:20
<b>PART-B: Content of the Course</b>			
<b>Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)</b>			
Experiment	Topics	No. of Period	
1	Effect of set on Perception	30	
2	Learning Curve/ Serial Position Curve		
3	Short Term Memory		
4	Retroactive Inhibition		
<b>Activity</b>	<p>The rumor chain game is a very simple illustration of the reconstructive nature of long-term memory and the role of schemas (e.g. gender role expectations and prejudices) in this process. a story that is short enough to allow retelling several times in class, but detailed enough that students are unlikely to remember all aspects of it. Send a few participants out of the room. The student reads aloud a short story to the one participant in the room. She is required to repeat the story to the new participant who is brought about. This newcomer will repeat it to the next participant who is invited to the room and so on. This continues until the last student who hears the story repeats it to the class. The student observes how the story has under gone change and the reconstructive nature of memory.</p>		
<b>Keywords</b>	<b>Rumor Chain, Perception, Learning, Memory, Retroactive Inhibition</b>		

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<b>PART-C</b>		
<b>Learning Resources: Text Books, Reference Books and Others</b>		
<b>Text Books Recommended</b>		
<ol style="list-style-type: none"> <li>1. Shrivastav, D.N. and Verma Preeti (2014-15), Adhunik Prayogatmak Manovigyan, Agrawal Publications, Sanjay Nagar, Agra</li> <li>2. Woodworth, R.S. &amp; Schlosberg, H. (1954). Experimental Psychology Oxford &amp; IBH Publishing company Pvt. Ltd., New Delhi</li> </ol>		
<b>Online Resources-</b>		
<b>e-Resources/e-books and e-learning portals</b>		
<ul style="list-style-type: none"> <li>➤ Swayam Central <a href="https://swayam.gov.in">https://swayam.gov.in</a></li> <li>➤ youtube</li> </ul>		
<b>Online Resources-</b>		
<b>e-Resources/e-books and e-learning portals</b>		
<ul style="list-style-type: none"> <li>➤ <a href="https://egyankosh.ac.in/">https://egyankosh.ac.in/</a></li> <li>➤ <a href="https://epgp.inflibnet.ac.in/Home">https://epgp.inflibnet.ac.in/Home</a></li> <li>➤ <a href="https://ndl.iitkgp.ac.in/homestudy/humanities">https://ndl.iitkgp.ac.in/homestudy/humanities</a></li> </ul>		
<b>Part-D: Assessment and Evaluation</b>		
<b>Suggested Continuous Evaluation Methods:</b>		
<b>Maximum Marks: 50 Marks</b>		
<b>Continuous Internal Assessment (CIA): 15 Marks</b>		
<b>End Semester Exam (ESE): 35 Marks</b>		
<b>Internal Assessment:</b>	Internal Test / Quiz-(2): 10 & 10	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar + Attendance - 05	
	Total Marks- 15	
<b>End Semester Exam (ESE):</b>	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Conduction of Experiment)-20	
	B. Spotting based on tools & technology (written) (Report writing)- 10	
	C. Viva-voce (based on principle/technology) - 05	
	Total Marks- 35	

**Name and Signature of Convener & Members of CBoS:**







**Online Resources–****e-Resources/e-books and e-learning portals**

- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

<b>Part-D: Assessment and Evaluation</b>		
<b>Suggested Continuous Evaluation Methods:</b>		
<b>Maximum Marks:</b>	<b>50 Marks</b>	
<b>Continuous Internal Assessment (CIA):</b>	<b>15 Marks</b>	
<b>End Semester Exam (ESE):</b>	<b>35 Marks</b>	
<b>Internal Assessment:</b>	Internal Test/ Quiz-(2): <b>10 &amp; 10</b>	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against <b>15</b> Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar + Attendance - <b>05</b>	
	Total Marks - <b>15</b>	
<b>End Semester Exam (ESE):</b>	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Conduction of Test )-	<b>20</b>
	B. Spotting based on tools & technology (written) (Report writing)-	<b>10</b>
	C. Viva-voce (based on principle/technology) -	<b>05</b>
	Total Marks-	<b>35</b>

**Name and Signature of Convener & Members of CBoS:**


  
 The signatures are handwritten in blue ink. On the left side, there are four signatures: the top one is partially cut off, followed by 'Anurag', 'Dhruv', and 'Anita'. On the right side, there are three signatures: the top one is 'Anita', followed by a signature that looks like 'M', and the bottom one is 'bans'.



	4.3 Leadership: Qualities of Leaders and types of Leadership: Democratic, Autocratic and Laissez-Faire.	
<b>Keywords</b>	<i>Social psychology, Sociometry, Focus group discussion, Pro social behavior, Aggression Social violence, Group process, Collective behavior</i>	

<b>PART-C</b>
<b>Learning Resources: Text Books, Reference Books and Others</b>
<p><b>Text Books Recommended</b></p> <ol style="list-style-type: none"> <li>1. Baron, R. A., Byrne, D., &amp; Bhardwaj, G. (2010). Social psychology (12th Ed.). New Delhi, India: Pearson.</li> <li>2. Branscombe, N.R. &amp; Baron, R. A., (2017) Social Psychology (14th Ed.) New Delhi, India: Pearson.</li> <li>3. Singh, A.K. (2021) Samaj Manovigyan ki Ruprekha (12th Ed.) Motilal Banarsidas INT. Delhi.</li> <li>4. Suleman, Md. (2014) Uchattar Samaj Manovigyan Motilal Banarsidas INT. Delhi.</li> <li>5. Tripathi, L.B. (2016) Ahunik Samaj Manovigyan (4th Ed.) Pawan Printers, Agra</li> </ol> <p><b>Reference Books Recommended</b></p> <ol style="list-style-type: none"> <li>1. Hogg, M. A., &amp; Vaughan, G. M. (2005). Social psychology. Harlow: Pearson Prentice Hall.</li> <li>2. Husain, A. (2012). Social psychology. New Delhi, India: Pearson.</li> <li>3. Myers, D. G. (2008). Social psychology. New Delhi, India: Tata McGraw-Hill.</li> <li>4. Taylor, S. E., Peplau, L. A., &amp; Sears, D. O. (2006). Social psychology (12th Ed.). New Delhi, India: Pearson</li> </ol> <p><b>Online Resources–</b> <b>e-Resources/e-books and e-learning portals</b></p> <ul style="list-style-type: none"> <li>➤ Swayam Central <a href="https://swayam.gov.in">https://swayam.gov.in</a></li> <li>➤ youtube</li> </ul> <p><b>Online Resources–</b> <b>e-Resources/e-books and e-learning portals</b></p> <ul style="list-style-type: none"> <li>➤ <a href="https://egyankosh.ac.in/handle/123456789/4448">https://egyankosh.ac.in/handle/123456789/4448</a></li> <li>➤ <a href="https://epgp.inflibnet.ac.in/Home">https://epgp.inflibnet.ac.in/Home</a></li> <li>➤ <a href="https://ndl.iitkgp.ac.in/homestudy/humanities">https://ndl.iitkgp.ac.in/homestudy/humanities</a></li> </ul>

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**FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)**  
**DEPARTMENT OF PSYCHOLOGY**  
**COURSE CURRICULUM**

<b>PART-A: Introduction</b>			
<b>Program: Bachelor in Arts (Diploma/Degree/Honors)</b>		<b>Semester- III</b>	<b>Session:2024-2025</b>
<b>1</b>	<b>Course Code</b>	<b>PSSC-03P</b>	
<b>2</b>	<b>Course Title</b>	<b>Lab Course -3 (Experiment and Activity)</b>	
<b>3</b>	<b>Course Type</b>	<b>Laboratory Course</b>	
<b>4</b>	<b>Pre-requisite(if, any)</b>	<i>As per program</i>	
<b>5</b>	<b>Course Learning Outcomes (CLO)</b>	<i>After the completion of course, the students will have ability of:</i> <ul style="list-style-type: none"> <li>➤ <i>Concept clarification</i></li> <li>➤ <i>Applicability skill development</i></li> <li>➤ <i>Development of analytical thinking</i></li> </ul>	
<b>6</b>	<b>Credit Value</b>	<b>01 Credit</b>	<i>(Credit= 30Hrs for Practices/Field work)</i>
<b>7</b>	<b>Total Marks</b>	<b>Max.Marks:50</b>	<b>Min Passing Marks:20</b>
<b>PART-B: Content of the Course</b>			
<b>Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)</b>			
<b>Experiment</b>	<b>Topics(Course contents)</b>	<b>No. of Period</b>	
<b>1</b>	Effect of Order of Information on Person-Perception	<b>30</b>	
<b>2</b>	Social Facilitation		
<b>3</b>	Effect of Leadership on Performance		
<b>4</b>	Effect of Group on Decision Making		
<b>Activity</b>	<b>(ANY ONE)</b> <ol style="list-style-type: none"> <li>1. To study Bystander Effect: Using actor and confederates to see how children standing outside the canteen/ garden of college respond to the actor fainting. Behavioral response as well as the time taken by children in responding to the “fainting” actor is recorded and analyzed.</li> <li>2. Analysis of News in National daily’s (Newspapers in Hindi, English and other languages), identifying news of unethical/immoral incidents, making a list of incidents for a month, then classifying it according to types of incidents and also analyzing underlying values and bases of moral behavior, and the kind of social problem associated with it.</li> </ol>		
<b>Keywords</b>	<i>Bystander Effect, News Analysis, Person-Perception, Social Facilitation, Leadership, Decision Making</i>		

*Shubhu*  
*Amal*  
*Aarav*  
*Archi*  
*Akshita*  
*Anish*  
*Arav*  
*Arav*











**FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)**

**DEPARTMENT OF PSYCHOLOGY**

**COURSE CURRICULUM**

<b>PART-A: Introduction</b>			
<b>Program: Bachelor in Arts (Diploma/Degree/Honors)</b>		<b>Semester– IV</b>	<b>Session:2024-2025</b>
1	<b>Course Code</b>	<b>PSSC-04T</b>	
2	<b>Course Title</b>	<b>Psychological Assessment</b>	
3	<b>Course Type</b>	<i>Discipline Specific Course (DSC)</i>	
4	<b>Pre-requisite(if, any)</b>	<i>As per program</i>	
5	<b>Course Learning Outcomes(CLO)</b>	<p><i>After the completion of course, the students will have ability to:</i></p> <ul style="list-style-type: none"> <li>➤ <i>Developing an understanding of the basic principles of psychological assessment.</i></li> <li>➤ <i>Developing knowledge about the steps in test construction and test standardization.</i></li> <li>➤ <i>Understanding the impact of cultural contexts on assessment</i></li> <li>➤ <i>Developing knowledge of the ethical and legal issues involved in the assessment process.</i></li> <li>➤ <i>Evaluating the appropriateness and quality of psychological tests and their psychometric strengths and weaknesses.</i></li> <li>➤ <i>Developing knowledge about the application of tests in a variety of settings.</i></li> </ul>	
6	<b>Credit Value</b>	<b>03 Credit</b>	<i>Credit = 15 Hours - learning &amp; Observation</i>
7	<b>Total Marks</b>	<b>Max.Marks:100</b>	<b>Min Passing Marks:40</b>
<b>PART-B: Content of the Course</b>			
<b>Total No. of Teaching–learning Periods (01 Hr. per period) - 45 Periods (45 Hours)</b>			
<b>Unit</b>	<b>Topics(Course contents)</b>		<b>No. of Period</b>
<b>I</b>	<b>Introduction to Psychological Assessment</b> 1.1. Psychological assessment: Principles of assessment, Nature and Purpose 1.2. Similarity and Difference between Test and Assessment. 1.3. Types of Assessment: Observation, Interview, Questionnaire. 1.3 Ethical and Professional Issues and Challenges.		<b>12</b>
<b>II</b>	<b>Psychological Testing</b> 2.1 Definition of a Test and Types of Test 2.2 Characteristics of a Good Test 2.3 Applications of Psychological Tests in various contexts (Educational, Counseling and Guidance, Clinical, Organizational etc.)		<b>11</b>

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*Anurag*  
*Pank*  
*Rachin*  
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*Amita*  
*Amrta*  
*Amrta*

III	<b>Test and Scale Construction</b> 3.1 Test Construction and Standardization: Item Analysis. 3.2 Reliability, Validity, and Norms (characteristics of z-scores, T-scores, Percentiles, Stens and Stanines) 3.3 Scale Construction: Likert, Thurstone, Guttman & Semantic Differential Scale	11
IV	<b>Tests of Cognitive Ability and Personality</b> 4.1 Tests of Cognitive Ability: General Mental Ability Tests (The Wechsler Scales of Intelligence and Stanford–Binet Intelligence Scales) 4.2 Projective Test (Ink-Blot Test and Draw-A-Man-Test)	11
<b>Keywords</b>	<b><i>Psychological assessment Psychological testing, Test ,Scale, Intelligence test, Projective test , Standardization , Reliability, Validity, Norms</i></b>	

**PART–C**

**Learning Resources: Text Books, Reference Books and Others**

***Text Books Recommended***

1. Aiken, L. R., & Groth - Marnet, G. (2009). Psychological testing and assessment (12th Ed.). New Delhi: Pearson Education.
2. Anastasi, A., & Urbina, S. (2003). Psychological testing (7th Ed.). New Delhi, India: Prentice – Hall of India Pvt. Ltd.
3. Barve, B. N., & Narake, H. J. (2008). Manomapan. Nagpur, India: Vidya Prakashana.
4. Cohen, R.J., Swerdlik, M. E. & Kumthekar, M.M. (2014) Psychological Testing and Assessment (7th Ed.). McGraw Hill Education (India) Private Limited, New Delhi.
5. Asthana, V. (2022) Shiksha me Mapan Avam Mulyankan, Agrawal Publications, Sanjay Nagar, Agra.
6. Bhargava, M. (2018) Manovaigyanik Mapan, Mulyankan avam Sankhiyiki, H.P. Bhargava Book House
7. Shrivastav, D.N. and Verma Preeti (2014-15), Adhunik Prayogatmak Manovigyan, Agrawal Publications, Sanjay Nagar, Agra.
8. Srivastav, D.N. (2016), Manovaigyanik Nirdharan Agrawal Publications Sanjay Nagar, Agra.
9. Singh, A.K. (2019) Tests, Measurements And Research In Behavioural Sciences, Bharti Bhawan

***Reference Books Recommended***

1. Desai, B., & Abhyankar, S. (2007). Manasashatriya mapan. Pune, India: Narendra Prakashana.
2. Gregory, R. J. (2014). Psychological testing: History, principals and applications. (6th Ed.). Boston: Pearson Education.
3. Husain, A. (2012). Psychological Testing. New Delhi, India: Pearson Education.
4. Kaplan, R. M., & Saccuzzo, D. P. (2012). Psychological testing: Principles, applications and issues (8th Ed.). New Delhi, India: Cengage.

**Online Resources–**

**e-Resources/e-books and e-learning portals**

➤ Swayam Central

<https://swayam.gov.in>

➤ youtube

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**FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)**  
**DEPARTMENT OF PSYCHOLOGY**  
**COURSE CURRICULUM**

<b>PART-A: Introduction</b>			
<b>Program: Bachelor in Arts (Diploma/Degree/Honors)</b>		<b>Semester- IV</b>	<b>Session:2024-2025</b>
1	<b>Course Code</b>	<b>PSSC-04P</b>	
2	<b>Course Title</b>	<b>Lab Course -4 (Psychological Testing)</b>	
3	<b>Course Type</b>	<b>Laboratory Course</b>	
4	<b>Pre-requisite(if, any)</b>	<i>As per program</i>	
5	<b>Course Learning Outcomes(CLO)</b>	<i>After the completion of course, the students will have ability to:</i> ➤ <i>Understanding the testing procedure of interest test, personality test and aptitude test.</i> ➤ <i>Learning the administration of projective test.</i>	
6	<b>Credit Value</b>	<b>01 Credit</b>	<i>(Credit= 30Hrs for Practices/Field work)</i>
7	<b>Total Marks</b>	<b>Max.Marks:50</b>	<b>MinPassingMarks:20</b>
<b>PART-B: Content of the Course</b>			
<b>Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)</b>			
<b>Test</b>	<b>Topics(Course contents)</b>	<b>No. of Period</b>	
1	Vocational Interest	<b>30</b>	
2	Sentence completion Test		
3	Personality Test		
4	Aptitude Test		
<b>Activity-</b>	<b>Make a comparative chart of personality traits of renowned personality</b>		
<b>Keywords</b>	<i>Vocational Interest, Personality, Aptitude, Personality Traits</i>		
<b>PART-C</b>			
<b>Learning Resources: Text Books, Reference Books and Others</b>			
<b>Text Books Recommended</b>			
1. Shrivastav , D.N. and Verma Preeti Adhunik Prayogatmak Manovigyan (2014-15) Agrawal Publications , Sanjay Nagar, Agra			
<b>Online Resources-</b>			
➤ e-Resources/e-books and e-learning portals			
Swayam Central			
<a href="https://swayam.gov.in">https://swayam.gov.in</a>			
youtube			
<b>Online Resources-</b>			
➤ e-Resources/e-books and e-learning portals			
➤ <a href="https://egyankosh.ac.in/handle/123456789/4448">https://egyankosh.ac.in/handle/123456789/4448</a>			
➤ <a href="https://epgp.inflibnet.ac.in/Home">https://epgp.inflibnet.ac.in/Home</a>			

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<b>Part-D: Assessment and Evaluation</b>		
<b>Suggested Continuous Evaluation Methods:</b>		
<b>Maximum Marks:</b>	<b>50 Marks</b>	
<b>Continuous Internal Assessment (CIA):</b>	<b>15 Marks</b>	
<b>End Semester Exam (ESE):</b>	<b>35 Marks</b>	
<b>Internal Assessment:</b>	Internal Test / Quiz-(2): <b>10 &amp; 10</b>	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against <b>15</b> Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar+ Attendance- <b>05</b>	
	Total Marks- <b>15</b>	
<b>End Semester Exam (ESE):</b>	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Conduction of Test)-	<b>20</b>
	B. Spotting based on tools & technology (written) (Report writing)-	<b>10</b>
	C. Viva-voce (based on principle/technology) -	<b>05</b>
	Total Marks-	<b>35</b>

**Name and Signature of Convener & Members of CBoS:**

Kanshi

DR. A. Kanshi

Rachit - Dr. Rachita Shrivastava

Shukla

Das

Arora

Pamh - Smt. Jayshree Panhangam

Senapati

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(Dr. B. K. Senapati)



	Strengths and Health. 4.3 Religion and Virtues: Buddhism, Confucianism, Islam, and Hinduism.	
<b>Keywords</b>	<i>Positive psychology, Happiness, Wellbeing, Optimism, Gratitude, Virtues, Character strength, Religion.</i>	

**PART-C**

**Learning Resources: Text Books, Reference Books and Others**

***Text Books Recommended***

1. Seligman, M. E.P.(2002).*Authentic Happiness: Using the New Positive Psychology to Realize Your Potential for Lasting Fulfillment*. New York: Free Press/Simon and Schuster.
2. Baumgardner, S.R., Crothers, M.K.(2009).*Positive psychology*. New Delhi, India:Pearson.
3. Carr, A. (2004). *Positive Psychology: The science of happiness and human strength*.UK: Routledge.
4. David, S.A.,Boniwell,I., &Ayers, A.C.(2013).*The Oxford handbook of happiness*.Oxford: Oxford University Press.
5. Husain, A.,& Saeduzzafar. (2011).*Islamic virtues and human development*. New Delhi, India: Global Vision Publishing House.
6. Joseph, S.(Ed.)(2015).*Positivepsychologyinpractice:Promotinghumanflourishingin work, health, education, and everyday life*. Hoboken, NJ: John Wiley & Sons.
7. Kumar, U., Archana, &Prakash,V.(2015).*Positive psychology–Applications in work, health and well-being*. Delhi & Chennai, India: Pearson.

***Reference Books Recommended***

1. Peterson, C. (2006). *A Primer in Positive Psychology*. New York: Oxford University Press.
2. Snyder, C. R.,& Lopez, S.J.(2002).*Handbook of positive psychology*. New York: Oxford University.
3. Snyder, C. R.,& Lopez,S.J.(2007).*Positive Psychology: The Scientific and Practical Explorations of Human Strengths*. Thousand Oaks, CA: Sage.

**Online Resources–**

**e-Resources/e-books and e-learning portals**

- Swayam Central  
<https://swayam.gov.in>
- youtube

**Online Resources–**

**e-Resources/e-books and e-learning portals**

- <https://egyankosh.ac.in/handle/123456789/4448>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

*Shukla*

*Anand*

*Sawans*

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*Atulya*

*Bonita*  
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**FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)**  
**DEPARTMENT OF PSYCHOLOGY**  
**COURSE CURRICULUM**

<b>PART-A: Introduction</b>			
<b>Program: Bachelor in Arts (Diploma/Degree/Honors)</b>		<b>Semester- IV</b>	<b>Session:2024-2025</b>
1	Course Code	PSSE-02P	
2	Course Title	Lab Course -2 (Psychological Testing)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	<i>After the completion of course, the students will have ability of:</i> ➤ <i>Concept clarification of happiness, optimism.</i> ➤ <i>Concept clarification of wellbeing and mental health.</i>	
6	Credit Value	01 Credit	(Credit= 30Hrs for Practices/Field work)
7	Total Marks	Max.Marks:50	MinPassingMarks:20
<b>PART-B: Content of the Course</b>			
<b>Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)</b>			
Test	Topics(Course contents)		No. of Period
1	Happiness Scale		30
2	Optimism Scale		
3	Wellbeing Scale		
4	Mental Health		
<b>ACTIVITY-</b>	Positive Psychology through Movies: Selecting any relevant movie/movies and designing tasks based on that, like: Making a chart of positive and negative emotions displayed, Emotion-behavior link, Analysis of character strengths and virtues.		
<b>Keywords</b>	<b>Positive Psychology, Happiness, Optimism, Wellbeing, Mental Health</b>		


  
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**FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)**  
**DEPARTMENT OF PSYCHOLOGY**  
**COURSE CURRICULUM**

<b>PART-A: Introduction</b>			
<b>Program: Bachelor in Arts (Degree/Honors)</b>		<b>Semester- V</b>	<b>Session:2024-2025</b>
1	<b>Course Code</b>	<b>PSSC- 05T</b>	
2	<b>Course Title</b>	<b>Quantitative Data Analysis</b>	
3	<b>Course Type</b>	<i>Discipline Specific Course (DSC)</i>	
4	<b>Pre-requisite(if, any)</b>	<i>As per program</i>	
5	<b>Course Learning Outcomes(CLO)</b>	<i>After the completion of course, the students will have ability to:</i> <ul style="list-style-type: none"> <li>➤ <i>Understand the nature of measurement and its various levels.</i></li> <li>➤ <i>Developing skills to use quantitative techniques such as measures of central tendency, variability, and correlation.</i></li> <li>➤ <i>Knowing how to use the normal probability curve as a model in scientific theory</i></li> <li>➤ <i>Grasping concepts related to hypothesis testing and developing related computational skills</i></li> <li>➤ <i>Learning basic techniques of descriptive and inferential statistics (parametric as well as non-parametric).</i></li> </ul>	
6	<b>Credit Value</b>	<b>03 Credit</b>	<i>Credit = 15 Hours - learning &amp; Observation</i>
7	<b>Total Marks</b>	<b>Max.Marks:100</b>	<b>Min Passing Marks:40</b>
<b>PART-B: Content of the Course</b>			
<b>Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)</b>			
<b>Module / Unit</b>	<b>Topics(Course contents)</b>		<b>No. of Period</b>
<b>I</b>	Nature of Quantitative Data and Descriptive Statistics in Psychology 1.1 Levels of measurement 1.2 Measures of Central Tendency: Characteristics and Computation of Mean, Median and Mode. 1.3 Measures of Variability or Dispersion: Characteristics and Computation of Range, Quartile Deviation and Standard Deviation. 1.4 Concept of Variance.		<b>12</b>
<b>II</b>	Normal Distribution and Correlation: 2.1 Normal Distribution Curve (NPC): Nature, Properties of NPC; deviation from NPC: Skewness and Kurtosis 2.2 Correlation: Calculation of Pearson's and Spearman coefficient, Correlation		<b>11</b>
<b>III</b>	Inferential Statistics 3.1 Inferential statistics; concept of Null Hypothesis, 3.2 Level of significance, 3.3 Type I and Type II error,		<b>11</b>

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	3.4 t-Test(Uncorrelated data)	
IV	<p>Non-Parametric Tests</p> <p>4.1 Nature and Assumptions</p> <p>4.2 Chi-square: Assumptions and computation of Chi-square</p> <p>4.3 Use of computer in statistics.</p>	11
Keywords	<i>Quantitative data, Central tendency, Variability, Parametric, Nonparametric, Inferential Statistics</i>	

### PART-C

#### Learning Resources: Text Books, Reference Books and Others

##### *Text Books Recommended*

1. Broota, K.D.(1992). *Experimental Design in Behavioral Research*. New Delhi: Wiley Eastern.
2. Kapil, H.K.(2020) *Sankhyaki ke Mool Tatva* , Shri Vinod Pustak Mandir, Agra
3. Suleman, M. (2018) *Manovigyan Shiksha Avm Anya Samajik Vigyan Mein Sankhiki*, Motilal Banarsidas Delhi.
4. Solanki, M.k. (2022) *Rashtriy Shiksha Niti -2020, Manovigyan Aadharit Sankhiyki Avm Shodh Paddhti*, SBPD Publication
5. Singh, A.K. (2008) *Manovigyan Samajshastra Tatha Shiksha Mein Sankhiki* Motilal Banarsidas Delhi.

##### *Reference Books Recommended*

1. Singh, A.K. (2019) *Tests, Measurements And Research In Behavioural Sciences*, Bharti Bhawan
2. Minium,E.W.,King,B.M.,&Bear,G.(1993) *Statistical Reasoning in Psychology and Education*, New York: John Wiley.
3. Mohanty,B.& Misra, S.(2015) *Statistics for Behavioral and Social Sciences*. New Delhi: SAGE Publications.

#### Online Resources– e-Resources/e-books and e-learning portals

- Swayam Central  
<https://swayam.gov.in>
- youtube

#### Online Resources– e-Resources/e-books and e-learning portals

- <https://egyankosh.ac.in/handle/123456789/4448>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

### Part-D: Assessment and Evaluation

#### Suggested Continuous Evaluation Methods:

Maximum Marks:	100 Marks
Continuous Internal Assessment (CIA):	30 Marks
End Semester Exam (ESE):	70 Marks

<b>Continuous Internal Assessment (CIA):</b> (By Course Teacher)	Internal Test / Quiz-(2): 20 +20 Assignment / Seminar - 10 Total Marks - 30	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
<b>End Semester Exam (ESE):</b>	<b>Two section – A &amp; B</b> Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks <b>Total Marks=70</b>	

Name and Signature of Convener & Members of CBoS:

*(Signature)*  
(Signature)

*Signature* DR. A. Kausik *Signature*  
Dr. Lalitashree

*Signature* - Dr. Rachita Shrivastava

*Signature*  
Dr. Babhavati Shulcha

*Signature*

*Signature* - Alka Kerketta

*Signature* - Gupit Biswas

*Signature* - Dr. A. Desoukari

*Signature* - Ghanshyam Thakur

*Signature* - Dr. B. Kumar

*Signature* - Dr. B. K. Sankar

**FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)**  
**DEPARTMENT OF PSYCHOLOGY**  
**COURSE CURRICULUM**

<b>PART-A: Introduction</b>			
<b>Program: Bachelor in Arts (Degree/Honors)</b>		<b>Semester– V</b>	<b>Session:2024-2025</b>
1	<b>Course Code</b>	<b>PSSC- 05P</b>	
2	<b>Course Title</b>	<b>Lab Course -5 (Activity)</b>	
3	<b>Course Type</b>	<b>Laboratory Course</b>	
4	<b>Pre-requisite(if, any)</b>	<i>As per program</i>	
5	<b>Course Learning Outcomes(CLO)</b>	<i>After the completion of course, the students will have ability to:</i> ➤ <i>Understand the concept of statistics</i> ➤ <i>Will be able to apply the statistics in research</i> ➤ <i>Will learn the concept of plagiarism</i>	
6	<b>Credit Value</b>	<b>01 Credit</b>	<i>(Credit= 30Hrs for Practices/Field work)</i>
7	<b>Total Marks</b>	<b>Max.Marks:50</b>	<b>Min Passing Marks:20</b>
<b>PART-B: Content of the Course</b>			
<b>Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)</b>			
<b>Module</b>	<b>Topic</b>		<b>No. of Period</b>
1	Activity on Scientific Writing: How to write research paper based on quantitative studies. APA style of writing and referencing Plagiarism checks and other ethical considerations		30
2	Critically reviewing search paper(qualitative or quantitative) This shall help building professional technical knowledge of students		
<b>keywords</b>	<i>Scientific Writing, APA Style, Plagiarism, Research Paper</i>		

**PART-C**

**Learning Resources: Text Books, Reference Books and Others**

**Text Books Recommended-**

1. Kothari, C.R. (2023) *Research Methodology*, New Age International Publishers
2. Kapil, H.K. (2019) *Anusandhan Vidhiyan*, H. P. Bhargava Publications
3. Sansanwal, D. N. (2020) *Research Methodology and Applied Statistics*, Shipra Publications

**Online Resources–**

- e-Resources/e-books and e-learning portals
- Swayam Central
- <https://swayam.gov.in>
- youtube

**Online Resources–**

- e-Resources/e-books and e-learning portal
- <https://egyankosh.ac.in/handle/123456789/4448>

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*Anand*  
*Sawant*  
*Rachna*  
*Prashant*  
*Shetty*  
*ANNA*  
*Prasanna*

- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Part-D: Assessment and Evaluation		
<b>Suggested Continuous Evaluation Methods:</b>		
<b>Maximum Marks:</b>	<b>50 Marks</b>	
<b>Continuous Internal Assessment (CIA):</b>	<b>15 Marks</b>	
<b>End Semester Exam (ESE):</b>	<b>35 Marks</b>	
<b>Internal Assessment:</b>	Internal Test / Quiz-(2): <b>10 &amp; 10</b>	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against <b>15</b> Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar+ Attendance - <b>05</b>	
	Total Marks - <b>15</b>	
<b>End Semester Exam (ESE):</b>	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Conduction of Experiment)- <b>20</b>	
	B. Spotting based on tools & technology (written) (Report writing)- <b>10</b>	
	C. Viva-voce (based on principle/technology) - <b>05</b>	
	Total Marks-	<b>35</b>

*Name and Signature of Convener & Members of CBoS:*

*(Signature)*  
*(Signature)*

*DR. Awantika Kaushik*      *DR. Lali Kishore*

*Rachita*      *DR. Rachita Shrivastava*

*Shukla*  
*Dr. Babharati Shukla*

*Pankaj*  
*Anita* - *AIKA Kerketta*

*Amol* - *Dr. P. B. Bhowmik*

*Anand* - *Dr. A. Desai*

*Q* - *Chandnyam Thakur*

*Dr* - *Dr. D. Hanu*

*Dr* - *B. K. Sankar*

**FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)**  
**DEPARTMENT OF PSYCHOLOGY**  
**COURSE CURRICULUM**

<b>PART-A: Introduction</b>			
<b>Program: Bachelor in Arts (Degree/Honors)</b>		<b>Semester- V</b>	
<b>Session:2024-2025</b>			
1	<b>Course Code</b>	PSSE- 03T	
2	<b>Course Title</b>	Sports and Exercise Psychology	
3	<b>Course Type</b>	<i>Discipline Elective Course (DSE)</i>	
4	<b>Pre-requisite(if, any)</b>	<i>As per program</i>	
5	<b>Course Learning Outcomes(CLO)</b>	<i>After the completion of course, the students will have ability to:</i> <ul style="list-style-type: none"> <li>➤ <i>Familiarizing with the evolving field of sports and exercise psychology as a profession.</i></li> <li>➤ <i>Understanding the current shifts from traditional paradigms and appreciating the role of practical theory to guide professional practice</i></li> <li>➤ <i>Developing a critical understanding of general personality approaches as well as the sport specific personality approaches.</i></li> <li>➤ <i>Being able to develop a psychological profile for a sportsperson/team</i></li> </ul>	
6	<b>Credit Value</b>	03 Credit	<i>Credit = 15 Hours - learning &amp; Observation</i>
7	<b>Total Marks</b>	Max.Marks:100	MinPassingMarks:40

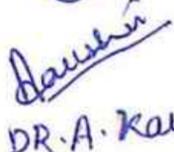
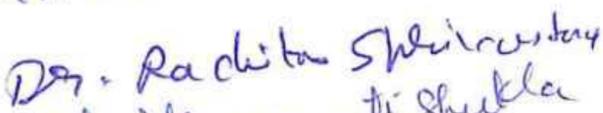
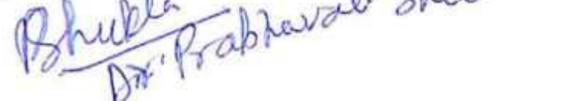
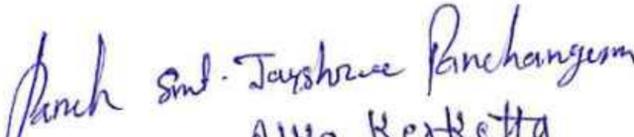
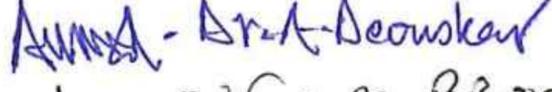
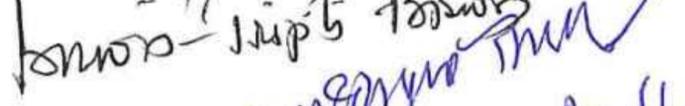
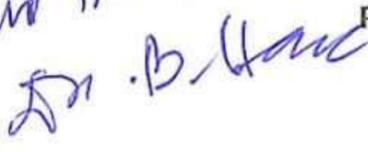
<b>PART-B: Content of the Course</b>		
<b>Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)</b>		
Unit	Topics(Course contents)	No. of Period
<b>I</b>	<b>Introduction</b>  1.1 History of sport and exercise psychology; what is sport and exercise psychology? 1.2 Sport psychology specialties: Clinical-sport psychology, Educational psychology 1.3 Role of exercise and sport psychologists-teaching, research and consultation	<b>12</b>
<b>II</b>	<b>Personality and Sports</b>  2.1 Why study personality in sport? 2.2 Approaches to personality 2.3 Assessment of personality; EPI and TAT	<b>11</b>
<b>III</b>	<b>Motivation</b>  3.1 Motivation: Definition and Views 3.2 Role of Coaching and Mentoring 3.3 Achievement Motivation and Competitiveness	<b>11</b>
<b>IV</b>	<b>Enhancing Performance and Self-Confidence</b>  4.1 Psychological skills training (PST): why PST is important? 4.2 PST knowledge base and its effectiveness	<b>11</b>

Page | 39

	4.3 Phases of PST Programs: Education, Acquisition and Practice.
<b>Keywords</b>	<i>Sports, Exercise, Personality, Motivation, Achievement motivation,</i>
<b>PART-C</b>	
<b>Learning Resources: Text Books, Reference Books and Others</b>	
<b>Reference Books Recommended</b>	
<ol style="list-style-type: none"> <li>1. Horn, T. S. (Ed.) (2002). <i>Advances in Sport Psychology</i>. USA: Human Kinetics Publishers. Weinberg,.</li> <li>2. R. S., &amp; Gould, D. (2003). <i>Foundations of Sport and Exercise Psychology</i>. USA: Human Kinetics Publishers, Inc.</li> <li>3. Singh, H. (2018) <i>Khel Manovigyan</i> KSK Publication and Distribution</li> <li>4. Chaube, D. &amp; Chaturvedi, S. (2022) <i>Khel Manovigyan</i>, Khel Sahitya Kendra</li> <li>5. Mangal, S.K.&amp; Mangl,S. (2021) <i>Sports Psychology</i>, SAGE Publications Pvt. Ltd</li> <li>6. Bavare, M.(2024) <i>Sports Psychology</i>, Popular Prakashan, Mumbai</li> </ol>	
<b>Online Resources-</b>	
<b>e-Resources/e-books and e-learning portals</b>	
<ul style="list-style-type: none"> <li>➤ Swayam Central</li> <li><a href="https://swayam.gov.in">https://swayam.gov.in</a></li> <li>➤ youtube</li> </ul>	
<b>Online Resources-</b>	
<b>e-Resources/e-books and e-learning portals</b>	
<ul style="list-style-type: none"> <li>➤ <a href="https://egyankosh.ac.in/handle/123456789/4448">https://egyankosh.ac.in/handle/123456789/4448</a></li> <li>➤ <a href="https://epgp.inflibnet.ac.in/Home">https://epgp.inflibnet.ac.in/Home</a></li> <li>➤ <a href="https://ndl.iitkgp.ac.in/homestudy/humanities">https://ndl.iitkgp.ac.in/homestudy/humanities</a></li> </ul>	

<b>Part-D: Assessment and Evaluation</b>		
<b>Suggested Continuous Evaluation Methods:</b>		
<b>Maximum Marks:</b>	<b>100 Marks</b>	
<b>Continuous Internal Assessment (CIA):</b>	<b>30 Marks</b>	
<b>End Semester Exam (ESE):</b>	<b>70 Marks</b>	
<b>Continuous Internal Assessment (CIA): (By Course Teacher)</b>	Internal Test / Quiz-(2): <b>20 +20</b> Assignment / Seminar - <b>10</b> Total Marks - <b>30</b>	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against <b>30</b> Marks
<b>End Semester Exam (ESE):</b>	<b>Two section – A &amp; B</b> Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks	

**Name and Signature of Convener & Members of CBoS:**


**FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)**  
**DEPARTMENT OF PSYCHOLOGY**  
**COURSE CURRICULUM**

<b>PART-A: Introduction</b>			
<b>Program: Bachelor in Arts (Degree/Honors)</b>		<b>Semester- V</b>	<b>Session:2024-2025</b>
1	<b>Course Code</b>	<b>PSSE- 03P</b>	
2	<b>Course Title</b>	<b>Lab Course -3 (Activity)</b>	
3	<b>Course Type</b>	<b>Laboratory Course</b>	
4	<b>Pre-requisite(if, any)</b>	<i>As per program</i>	
5	<b>Course Learning Outcomes(CLO)</b>	<i>After the completion of course, the students will have ability to:</i> ➤ <i>Understand the personality characteristics of team captain.</i> ➤ <i>Understand the personality of team members and coach.</i>	
6	<b>Credit Value</b>	<b>01 Credit</b>	<i>(Credit= 30Hrs for Practices/Field work)</i>
7	<b>Total Marks</b>	<b>Max.Marks:50</b>	<b>Min Passing Marks:20</b>

<b>PART-B: Content of the Course</b>		
<b>Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)</b>		
<b>Module</b>	<b>Topic</b>	<b>No. of Period</b>
1	Analyzing the personality of team captains of various sports like hockey, cricket, kabaddi etc. and studying its relationship with team motivation and performance. Eg. An analysis of personality and leadership styles of different captains of Indian Cricket team (eg., MS Dhoni, Sachin Tendulkar, Virat Kohli or Kapil Dev). This can be done by observing their on ground behavior, listening to/reading their interviews, their communication styles etc.	<b>30</b>
2	Students can visit the physical education department of their own institution and interact with the faculty as well as the students/players to understand their motivation and self- confidence.	
<b>Keywords</b>	<i>Personality Characteristics, Leadership Styles, Physical Education</i>	

**PART-C**

**Learning Resources: Text Books, Reference Books and Others**

**Reference Books Recommended**

1. Horn, T. S. (Ed.) (2002). *Advances in Sport Psychology*. USA: Human Kinetics Publishers. Weinberg,
2. R. S., & Gould, D. (2003). *Foundations of Sport and Exercise Psychology*. USA: Human Kinetics Publishers, Inc.

**Online Resources-**

**e-Resources/e-books and e-learning portals**

- Swayam Central

<https://swayam.gov.in>

- youtube

*Shubra*  
*Amrita*  
*Devi*  
*Arctha*  
*Pooja*  
*Prinias*  
*Amrita*  
*Am*  
*PS*

**Online Resources-****e-Resources/e-books and e-learning portal**

- <https://egyankosh.ac.in/handle/123456789/4448>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

**Part-D: Assessment and Evaluation****Suggested Continuous Evaluation Methods:**

**Maximum Marks: 50 Marks**

**Continuous Internal Assessment (CIA): 15 Marks**

**End Semester Exam (ESE): 35 Marks**

<b>Internal Assessment:</b>	Internal Test / Quiz-(2): <b>10 &amp; 10</b>	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against <b>15</b> Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar+ Attendance- <b>05</b>	
	Total Marks - <b>15</b>	
<b>End Semester Exam (ESE):</b>	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Activity Report Submission)-	<b>20</b>
	B. Spotting based on tools & technology (written) (Presentation)-	<b>10</b>
	C. Viva-voce (based on principle/technology) -	<b>05</b>
	Total Marks-	<b>35</b>

**Name and Signature of Convener & Members of CBoS:**

Dr. Anshu  
Babbarati Shukla  
(Convener)

Dr. A. Kaushik  
Dr. Lalit K. Saha

Dr. Parulita Shrivastava

Alka Kerketta

Smt. Jayshree Panchangam

Gripi Biswas

Dr. A. Debnath

Dr. B. Barua

Chandrima Choudhary

Dr. B. K. Saha

**FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)**  
**DEPARTMENT OF PSYCHOLOGY**  
**COURSE CURRICULUM**

<b>PART-A: Introduction</b>			
<b>Program: Bachelor in Arts (Degree/Honors)</b>		<b>Semester- VI</b>	
<b>Session:2024-2025</b>			
1	Course Code	PSSC- 06T	
2	Course Title	Introduction to Personality	
3	Course Type	<i>Discipline Specific Course (DSC)</i>	
4	Pre-requisite(if, any)	<i>As per program</i>	
5	Course Learning Outcomes(CLO)	<p><i>After the completion of course, the students will have ability of:</i></p> <ul style="list-style-type: none"> <li>➤ <i>Appreciating conceptualizations of personality in the Western as well as Eastern traditions.</i></li> <li>➤ <i>Understanding self and personality through Eastern perspectives such as Mimamsa, Vedanta, Samkhya, Yoga, Buddhist and Sufi traditions.</i></li> <li>➤ <i>Developing a critical understanding of personality through various Western approaches including type and trait, psychoanalytic, socio-cognitive and humanistic.</i></li> <li>➤ <i>Understanding biological and environmental influences on personality development.</i></li> <li>➤ <i>Fostering an applied perspective by engaging students in a discussion about the everyday applications of various personality theories.</i></li> </ul>	
6	Credit Value	03 Credit	<i>Credit = 15 Hours - learning &amp; Observation</i>
7	Total Marks	Max.Marks:100	Min Passing Marks:40
<b>PART-B: Content of the Course</b>			
<b>Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)</b>			
Unit	Topics(Course contents)	No. of Period	
I	Introduction to Personality: 1.1 Concept and Definition of personality 1.2 Role of Factors in the Development of Personality (heredity and environment) 1.3 Assessment of Personality	12	
II	Western Approaches to Personality - I 2.1 Trait and Type Approaches (including Eastern Perspective such as "Tri-guna" theory) 2.2 A Socio-cognitive Approach to Personality	11	
III	Western Approaches to Personality – II 3.1 Psychoanalytical Approach to Personality 3.2 Humanistic Approach to Personality		
IV	Understanding self through Eastern Perspectives 4.1 Understanding self through Mimamsa, Vedanta, Samkhya and Yoga	11	

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	4.2 Understanding self through Sufi and Buddhist tradition 4.3 Understanding Self through Sri Aurobindo's Integral Yoga	
<b>Keywords</b>	<i>Personality, Trait, Type, Tri gun, Psychoanalytic Humanistic, Mimansa Vedanta, Samkhya Yoga, Sufi, Buddhist</i>	

<b>PART-C</b>
<b>Learning Resources: Text Books, Reference Books and Others</b>
<p><b>Text Books Recommended</b></p> <ol style="list-style-type: none"> <li>1. Carducci, B. J. (2009). <i>The Psychology of Personality: Viewpoints, Research &amp; Application</i>. Hong Kong: Wiley-Blackwell.</li> <li>2. Ciccarelli, S. K., &amp; Meyer, G. E. (2010). <i>Psychology: South Asian edition</i>. New Delhi, India: Pearson Education.</li> <li>3. Cornelissen, R. M. M., Misra, G., &amp; Varma, S. (Eds.) (2011). <i>Foundations of Indian Psychology—Theories and Concepts</i> (Vol. 1). New Delhi, India: Pearson.</li> <li>4. Feist, J., Feist, G.J. &amp; Herman, T.A.R.W. (2018). <i>Theories of Personality</i>. Tata McGraw Hill</li> <li>5. Friedman, H. S., &amp; Schustack, M. W. (2006). <i>Personality: Classic Theories and Modern Research</i>. New Delhi, India: Pearson.</li> <li>6. Kuppuswamy, B. (2001). <i>Elements of Ancient Indian Psychology</i>. New Delhi, India: Konark Publishers Pvt. Ltd.</li> <li>7. Misra, G., &amp; Mohanty, A. K. (Eds.) (2002). <i>Perspectives on indigenous psychology</i>. New Delhi, India: Concept Publishing Company.</li> <li>8. Singh, A.K.&amp; Singh, A.K. (2017) <i>Vyaktitva Ka Manovigyan</i>, Motilal Banarsidas, Delhi</li> </ol> <p><b>References Books Recommended</b></p> <ol style="list-style-type: none"> <li>1. Paranjpe, A. C. (1984). <i>Theoretical psychology: The Meeting of East and West</i>. New York: Plenum Press.</li> <li>2. Patnaik, D. (2015). <i>My Gita</i>. New Delhi: Rupa.</li> <li>3. Rao, K. R., Paranjpe, A. C., &amp; Dalal, A. K. (Eds.) (2008). <i>Handbook of Indian psychology</i>. New Delhi, India: Foundation Books.</li> </ol> <p><b>Online Resources—</b> <b>e-Resources/e-books and e-learning portals</b></p> <ul style="list-style-type: none"> <li>➤ Swayam Central <a href="https://swayam.gov.in">https://swayam.gov.in</a></li> <li>➤ youtube</li> </ul> <p><b>Online Resources—</b> <b>e-Resources/e-books and e-learning portals</b></p> <ul style="list-style-type: none"> <li>➤ <a href="https://egyankosh.ac.in/handle/123456789/4448">https://egyankosh.ac.in/handle/123456789/4448</a></li> <li>➤ <a href="https://epgp.inflibnet.ac.in/Home">https://epgp.inflibnet.ac.in/Home</a></li> <li>➤ <a href="https://ndl.iitkgp.ac.in/homestudy/humanities">https://ndl.iitkgp.ac.in/homestudy/humanities</a></li> </ul>





**Online Resources-****e-Resources/e-books and e-learning portal**

- <https://egyankosh.ac.in/handle/123456789/4448>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

**Part-D: Assessment and Evaluation****Suggested Continuous Evaluation Methods:****Maximum Marks: 50 Marks****Continuous Internal Assessment (CIA): 15 Marks****End Semester Exam (ESE): 35 Marks**

<b>Internal Assessment:</b>	Internal Test / Quiz-(2): 10 & 10	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar+ Attendance- 05	
	Total Marks - 15	
<b>End Semester Exam (ESE):</b>	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Activity Report Submission)-20	
	B. Spotting based on tools & technology (written) (Presentation)-	10
	C. Viva-voce (based on principle/technology) -	05
	Total Marks-	35

**Name and Signature of Convener & Members of CBoS:**

*(Shukla)*  
Rabharatishukla  
*(Gaur)*  
Gaur  
*(Wadhvani)*  
Wadhvani

*(Gaur)* D.P.A. Kauski  
*(Dr. Lalita)*  
Dr. Lalita

*(Dr. Rachita)* Dr. Rachita Shrivastava  
*(Smt. Jaysree)* Smt. Jaysree Panchangam

*(Alka)* Alka Kerketta

*(Nipti)* Nipti Baiswas

*(Dr. A. Deveshkar)* Dr. A. Deveshkar

*(Dr. B. Hara)* Dr. B. Hara

*(Chanshyam)* Chanshyam Thew

*(Dr. B. K. Sankar)* Dr. B. K. Sankar

**FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)**  
**DEPARTMENT OF PSYCHOLOGY**  
**COURSE CURRICULUM**

<b>PART-A: Introduction</b>			
<b>Program: Bachelor in Arts (Degree/Honors)</b>		<b>Semester– VI</b>	
		<b>Session:2024-2025</b>	
1	Course Code	PSSE- 04T	
2	Course Title	Psychology of Health and Yoga	
3	Course Type	<i>Discipline Elective Course (DSE)</i>	
4	Pre-requisite(if, any)	<i>As per program</i>	
5	Course Learning Outcomes(CLO)	<p><i>After the completion of course, the students will have ability to:</i></p> <ul style="list-style-type: none"> <li>➤ <i>Demonstrating knowledge of health psychology.</i></li> <li>➤ <i>Demonstrating adequate knowledge about issues related to stress, stress management and coping.</i></li> <li>➤ <i>Developing adequate knowledge about the promotion of healthy behavior</i></li> <li>➤ <i>Appreciating the value of practicing Yoga in daily life through research evidence and in-depth understanding of the promotion of health benefits of Yoga.</i></li> </ul>	
6	Credit Value	03 Credit	<i>Credit = 15 Hours - learning &amp; Observation</i>
7	Total Marks	Max.Marks:100	MinPassingMarks:40
<b>PART-B: Content of the Course</b>			
Total No. of Teaching–learning Periods (01 Hr. per period) - 45 Periods (45 Hours)			
Unit	Topics(Course contents)		No. of Period
<b>I</b>	Introduction to Health Psychology  1.1 Concept of health and Cross cultural definitions of health (including Indian)  1.2 Biomedical and Bio- psychosocial models  1.3 Cultural approaches to medicines (especially with respect to Traditional Indian medicine: Ayurveda)		<b>12</b>
<b>II</b>	Stress and Coping  2.1 Theories of Stress (Cannon's fight-or-flight theory, Taylor et al.'s Tend-and-Befriend Theory)  2.2 Physiology of stress  2.3 Types of psychological stressors  2.4 Coping with stress and stress management		<b>11</b>
<b>III</b>	Promoting Healthy Behaviors  3.1 Determinants of health behaviors  3.2 Theories of health behaviors: Health Belief Model, Theory of		<b>11</b>

*SP Shukla*  
*Anand*  
*Anand*

*P. M. Basu*  
*Panch*  
*Amrita*  
*Amrita*

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Part-D: Assessment and Evaluation		
<b>Suggested Continuous Evaluation Methods:</b>		
<b>Maximum Marks:</b>	100 Marks	
<b>Continuous Internal Assessment (CIA):</b>	30 Marks	
<b>End Semester Exam (ESE):</b>	70 Marks	
<b>Continuous Internal Assessment (CIA): (By Course Teacher)</b>	Internal Test / Quiz-(2): 20 +20 Assignment / Seminar - 10 Total Marks - 30	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
<b>End Semester Exam (ESE):</b>	Two section – A & B Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks Total Marks=70	

Name and Signature of Convener & Members of CBoS:

*Shubam Prabhakar*  
*Shubam Prabhakar*

*Dr. A. Kaushik*  
*Dr. A. Kaushik*

*Dr. Lalit Singh*  
*Dr. Lalit Singh*

*Dr. Rakhi Srivastava*

*Suk-Jayshree Panchangam*

*Alka Kerketta*

*Tripti Biswas*

*Ghanshyam Thakur*

*Dr. A. Deoukar*

*Ghanshyam Thakur*

*Dr. B. H. S.*

*Dr. B. K. Sanku*

**FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)**  
**DEPARTMENT OF PSYCHOLOGY**  
**COURSE CURRICULUM**

<b>PART-A: Introduction</b>			
<b>Program: Bachelor in Arts (Degree/Honors)</b>		<b>Semester- VI</b>	<b>Session:2024-2025</b>
1	<b>Course Code</b>	<b>PSSE- 04P</b>	
2	<b>Course Title</b>	<b>Lab Course -4 (Activity)</b>	
3	<b>Course Type</b>	<b>Laboratory Course</b>	
4	<b>Pre-requisite(if, any)</b>	<i>As per program</i>	
5	<b>Course Learning Outcomes(CLO)</b>	<i>After the completion of course, the students will have ability to:</i> ➤ <i>Understand the personality characteristics of team captain.</i> ➤ <i>Understand the personality of team members and coach.</i>	
6	<b>Credit Value</b>	<b>01 Credit</b>	<i>(Credit= 30Hrs for Practices/Field work)</i>
7	<b>Total Marks</b>	<b>Max.Marks:50</b>	<b>MinPassingMarks:20</b>
<b>PART-B: Content of the Course</b>			
<b>Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)</b>			
<b>Module</b>	<b>Topic (ANY TWO)</b>		<b>No. of Period</b>
1	Mindful eating exercise: students can be demonstrated how our eating is not very mindful, by keeping a bowl of chips/nuts in front of them. Without their conscious awareness they start to eat. Then their attention can be directed towards eating mindfully. Mindful eating and weight gain has been associated in research.		<b>30</b>
2	Students can be asked to collect activities that people use to cope with their stress (like writing, watching movies exercise, listening to music, praying, talking to friend, sleeping etc) and then categorize them as either emotion focused or problem focused.		
3	Assessing Body Mass Index and its relationship with stress ,exercise, internet usage etc.		
<b>Keywords</b>	<i>Mindful Eating, Conscious Awareness, Stress Coping Body Mass Index</i>		
<b>PART-C</b>			
<b>Learning Resources: Text Books, Reference Books and Others</b>			
<i>Reference Books Recommended</i>			
1. Dalal,A. K., & Misra, G. (Eds.). (2012). <i>New Directions in Health Psychology</i> . New Delhi: Sage Publications. 2. Agarwala,S.,Das,I.,Kumar,K.,andKumar,S.(2009). <i>HealthPsychology</i> .NewDelhi, Allied publishers. (Chapter 23) 3. Babu,R.K.(2011). <i>Asanasutras</i> . Viziyanagaram,India:HomeofYogaPublications.			
<b>Online Resources–</b>			
<b>e-Resources/e-books and e-learning portals</b>			
➤ Swayam Central <a href="https://swayam.gov.in">https://swayam.gov.in</a>			

*Shukla*  
*Sharma*  
*Hawane*

*Ram kumar*  
*Joshi*  
*Pankh*  
*Nidha*  
*Amal*  
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➤ youtube
<b>Online Resources-</b>
<b>e-Resources/e-books and e-learning portal</b>
➤ <a href="https://egyankosh.ac.in/handle/123456789/4448">https://egyankosh.ac.in/handle/123456789/4448</a>
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➤ <a href="https://ndl.iitkgp.ac.in/homestudy/humanities">https://ndl.iitkgp.ac.in/homestudy/humanities</a>

<b>Part-D: Assessment and Evaluation</b>		
<b>Suggested Continuous Evaluation Methods:</b>		
<b>Maximum Marks:</b>	<b>50 Marks</b>	
<b>Continuous Internal Assessment (CIA):</b>	<b>15 Marks</b>	
<b>End Semester Exam (ESE):</b>	<b>35 Marks</b>	
<b>Internal Assessment:</b>	Internal Test / Quiz-(2): <b>10 &amp; 10</b>	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against <b>15</b> Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar+ Attendance- <b>05</b>	
	Total Marks - <b>15</b>	
<b>End Semester Exam (ESE):</b>	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Activity Report Submission)-	<b>20</b>
	B. Spotting based on tools & technology (written) (Presentation)-	<b>10</b>
	C. Viva-voce (based on principle/technology) -	<b>05</b>
	Total Marks-	<b>35</b>

Name and Signature of Convener & Members of CBoS:

*Shubam*  
Babhanoti Shukh  
*(Signature)*  
*(Signature)*

*(Signature)*  
DR. A. Kaushik  
*(Signature)*  
Dr. Lalit K. Singh

*(Signature)* - (Dr. Rakhi Sharma)

*(Signature)* - (Smt. Jayshree Panchangam)

*(Signature)* - Alka Kerketta

*(Signature)* - Dr. Gipti Biswas  
*(Signature)* - Chandhayan Thakur

*(Signature)* - Dr. A. Desai

*(Signature)* - Dr. B. K. Sarker

*(Signature)* - Dr. A. Hasan

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)  
DEPARTMENT OF PSYCHOLOGY  
COURSE CURRICULUM

<b>PART-A: Introduction</b>			
Program: Bachelor in Arts (Honors/Honors with Research)		Semester - VII	
Session:2024-2025			
1	Course Code	PSSC- 07T	
2	Course Title	Foundations of Developmental Psychology	
3	Course Type	Discipline Specific Course (DSC)	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes (CLO)	<p>After the completion of course, the students will have ability of:</p> <ul style="list-style-type: none"> <li>➤ Demonstrating an ability to understand and distinguish major theoretical perspectives and methodological approaches in human development.</li> <li>➤ Developing an ability to identify the milestones in diverse domains of human development across life stages.</li> <li>➤ Understanding the contributions of socio-cultural context toward shaping human development.</li> <li>➤ Acquiring an ability to decipher key developmental challenges and issues faced in the Indian societal context.</li> </ul>	
6	Credit Value	03 Credit	Credit = 15 Hours - learning & Observation
7	Total Marks	Max. Marks: 100	Min Passing Marks: 40
<b>PART -B: Content of the Course</b>			
Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)			
Unit	Topics (Course contents)		No. of Period
I	Introduction 1.1. Concepts of Developmental Psychology 1.2. Theoretical Perspectives: Psychodynamic (Freud and Maslow ) and Socio-cultural (Vygotsky) 1.3. Research methods: Longitudinal and Cross- sectional		12
II	Domains of Development across life span - I 2.1 Physical development (from infancy to late adulthood) 2.2 Cognitive development (Piaget, information processing approaches). 2.3 Language development, Role of language in cognitive development		11
III	Domains of Development across life span – II 3.1 Psychosocial development (Erikson) 3.2 Emotional development: nature and determinants 3.3 Moral development (Kohlberg Theory)		11

*Shubh*  
*Pranav*  
*Amrta*

*Pranav*  
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*Pranav*  
*Amrta*



- <https://egyankosh.ac.in/handle/123456789/4448>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

<b>Part - D: Assessment and Evaluation</b>		
<b>Suggested Continuous Evaluation Methods:</b>		
<b>Maximum Marks:</b>	<b>100 Marks</b>	
<b>Continuous Internal Assessment (CIA):</b>	<b>30 Marks</b>	
<b>End Semester Exam (ESE):</b>	<b>70 Marks</b>	
<b>Continuous Internal Assessment (CIA): (By Course Teacher)</b>	Internal Test / Quiz-(2): <b>20 +20</b> Assignment / Seminar - <b>10</b> Total Marks - <b>30</b>	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against <b>30 Marks</b>
<b>End Semester Exam (ESE):</b>	Two section – A & B Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks <b>Total Marks=70</b>	

**Name and Signature of Convener & Members of CBoS:**

*(Signature)*  
Braj Nath Shrivastava  
(Usha Kiran)

*(Signature)*  
Awanti Koush  
Dr. Lalit H. Sahay

*(Signature)* Radu - Dr Radita Shrivastava

*(Signature)* Panch - Smt. Jayshree Panchangam

*(Signature)* Anitta - Alka Kerketta

*(Signature)* Anvita - Dr. Gipti Biswas

*(Signature)* Anshu - Chanshree Thakur

*(Signature)* Anshu - Dr. Ar. Deoskar

*(Signature)* Anshu - Dr. B. K. Sankar

*(Signature)* Anshu - Dr. B. Haran





FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)  
DEPARTMENT OF PSYCHOLOGY  
COURSE CURRICULUM

<b>PART-A: Introduction</b>			
Program: Bachelor in Arts (Honors/Honors with Research)		Semester -VII	
Session:2024-2025			
1	Course Code	PSSE- 05T	
2	Course Title	Educational Psychology	
3	Course Type	Discipline Elective Course (DSE)	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes (CLO)	<p>After the completion of course, the students will have ability of:</p> <ul style="list-style-type: none"> <li>➤ Understanding the meaning and processes of education at individual and social plains in the Indian context.</li> <li>➤ Demonstrating an appreciation of various theoretical perspectives on cognition and learning in educational contexts.</li> <li>➤ Developing insights into the facilitators of learning such as intelligence, emotion, imagination, creativity and self-processes.</li> <li>➤ Understanding the social processes within the classroom and broader societal contexts that shape student's learning outcomes.</li> </ul>	
6	Credit Value	03 Credit	Credit = 15 Hours - learning & Observation
7	Total Marks	Max. Marks: 100	Min Passing Marks: 40
<b>PART -B: Content of the Course</b>			
Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)			
Module / Unit	Topics (Course contents)		No. of Period
<b>I</b>	<b>Conceptual and Theoretical Perspectives</b> 1.1 Conceptual, Theoretical Perspectives and applications of Educational Psychology 1.2 Theories: Behavioristic, Social Learning and Cognitive Its Applications and Importance in Teaching		12
<b>II</b>	<b>Information Processing Models</b> 2.1 Instructional Models: Concept, Characteristics and Models 2.2 Teaching Method: Lecturing, Explaining and Questioning 2.3 Programmed Learning: Concept, Characteristics and Models		11
<b>III</b>	<b>Human Diversity and Education</b> 3.1 Learning Styles: Nature, Approaches to Learning Style 3.2 Special Education for various forms of Exceptionality 3.3 Mindfulness in learning		11
<b>IV</b>	<b>Individual and Group Differences</b> 4.1 Understanding educational stress and anxiety, bullying, parental and Peer pressure. 4.2 Education and technology in contemporary India.		11

Shukla  
Soni  
Saxena

Anjali  
Rachna  
Kumar  
Mishra  
Pankaj  
Bansal  
Mishra  
Mishra

<b>Keywords</b>	<i>Educational psychology, Behavioristic, social learning, Instruction, teaching method, Human diversity, Program learning, Learning style, Exceptionality, Mindfulness, bullying Peer pressure.</i>
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## PART-C

### Learning Resources: Text Books, Reference Books and Others

#### Text Books Recommended –

1. Woolfolk, A., Misra, G., & Jha, A. (2012). *Fundamentals of Educational Psychology*. New Delhi, India: Pearson Pub.
2. Bruce, R. J., Weil, M., & Calhoun, E. (2014). *Models of Teaching* (9th Edition) Pearson.
3. De Secco, J. P. & Crawford, W. R. (1974). *The Psychology of Learning and Instruction*. Englewood Cliffs, NJ: Prentice Hall.
4. Ellis, R. S. (1965). *Educational Psychology, A Problem Approaches Affiliated*. New Delhi, East West Press.
5. Gage, N. L., & Berliner, D. C. (1998). *Educational Psychology* (6th ed.). Boston, MA: Houghton Mifflin.
6. Santrock, J. W. (2011). *Educational Psychology*. Tata McGraw Hill.
7. Schunk, D. H. (2012). *Learning Theories an Educational Perspective*, Sixth Edition. Pearson.
8. Travers, J. F. (1979). *Educational Psychology* (2nd Ed.)
9. Woolfolk, A. E. (1995). *Educational Psychology* (6th Ed.) Allyn & Bacon, London/ Boston.
10. Woolfolk, A. (2005). *Educational Psychology*, 9/E, Active Learning Edition. Allyn & Bacon, Boston.
11. Woolfolk, A., & Vij Shivani (2017). *Educational Psychology*. Pearson.
12. Singh, A.K. (2016) *Shiksha Manovigyan*, Motilal Banarasidas. Delhi
13. Mangal, S.K. (2009) *Shiksha Manovigyan*, Prentice Hall India Learning Private Limited

#### Reference Books Recommended

1. Badheka, G. (1997). Divaswapan. New Delhi, India: NBT.
2. Bruner, J. (1996). *The culture of education*. Cambridge: Harvard University Press.
3. Cornelissen, M., Misra G., & Varma, S. (2010). *Foundations of Indian psychology* (Vol. 2). New Delhi, India: Pearson.
4. Huppes, N. (2001). *Psychic education: A workbook*. Pondicherry, India: Sri Aurobindo Ashram.
5. Kapur, M. (2007). *Learning from children what to teach them*. New Delhi, India: Sage Publications.
6. Krishnamurti, J. (1974). *On education*. Ojai, California: Krishnamurti Foundation Trust.
7. National Council of Educational Research and Training. (2006). *Position paper: National focus group on aims of education*. In *National Curriculum Framework 2005*. New Delhi, India: NCERT.
8. Rogers, C. (1983). *Freedom to learn in the 80s*. USA: Charles R. Merrill Pub. Co.
9. Thapan, M. (Ed.) (2014). *Ethnographies of schooling in contemporary India*. New Delhi, India: Sage Pub.

#### Online Resources–

##### e-Resources / e-books and e-learning portals

- <https://egyankosh.ac.in/>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

**Online Resources–  
e-Resources / e-books and e-learning portals Reference:**

- Swayam Central  
<https://swayam.gov.in>
- youtube

<b>Part - D: Assessment and Evaluation</b>		
<b>Suggested Continuous Evaluation Methods:</b>		
<b>Maximum Marks:</b>	<b>100 Marks</b>	
<b>Continuous Internal Assessment (CIA):</b>	<b>30 Marks</b>	
<b>End Semester Exam (ESE):</b>	<b>70 Marks</b>	
<b>Continuous Internal Assessment (CIA): (By Course Teacher)</b>	Internal Test / Quiz-(2): <b>20 +20</b> Assignment / Seminar - <b>10</b> Total Marks - <b>30</b>	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against <b>30 Marks</b>
<b>End Semester Exam (ESE):</b>	<b>Two section – A &amp; B</b> Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option <span style="float: right;">4x10=40 Marks</span> <span style="float: right;">Total Marks=70</span>	

*Name and Signature of Convener & Members of CBoS:*

*(Signature)*  
*(Name)*

*(Signature)*  
DR.A. Kauschi

*(Signature)*  
Dr. Lalita Sekh

*(Signature)* - Dr. Rachita Shrivastava

*(Signature)* - (Smt. - Jayshree Panhangom)

*(Signature)* - Alka Kerketta

*(Signature)* - Nitya Biswas

*(Signature)* - Chandram Thakur

*(Signature)* - Dr. A. Deonkar

*(Signature)* - Dr. B. Hane

*(Signature)* - Dr. B. K. Senkar

**FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)**  
**DEPARTMENT OF PSYCHOLOGY**  
**COURSE CURRICULUM**

<b>PART-A: Introduction</b>			
Program: Bachelor in Arts (Honors/Honors with Research)		Semester - VII	Session:2024-2025
1	Course Code	PSSE- 05P	
2	Course Title	Lab Course -5 (Activity)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	<i>As per program</i>	
5	Course Learning Outcomes (CLO)	<i>After the completion of course, the students will have ability of:</i> ➤ Skill development on managing FGDs ➤ Case analysis skill development ➤ Understanding regarding issues related to education	
6	Credit Value	01 Credit	<i>(Credit = 30 Hrs for Practices/ Field work)</i>
7	Total Marks	Max. Marks: 50	Min Passing Marks: 20
<b>PART -B: Content of the Course</b>			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Module	Topics (ANY ONE)	No. of Period	
1	A focus group discussion on how to create an emotionally secure classroom environment with openness to share ideas.	30	
2	Case studies on bullying, examination stress, parental pressure, coaching centers like Kota in Indian context.		
3	Interviewing one's grandparents and parents and drawing a comparative analysis of change in education system with reference to one's own schooling		
<b>Keywords</b>	<i>Focus Group Discussion, Case Studies, Interview</i>		

<b>PART-C</b>	
<b>Learning Resources: Text Books, Reference Books and Others</b>	
<b>Reference Books Recommended</b>	
1.	Black, T. R. (1988). Quantitative Research Designs for Social Sciences. Thousand Oaks: Sage.
2.	Broota, K. D. (1992). Experimental Design in Behavioural Research. Wiley Eastern Ltd. New Delhi.
3.	Kerlinger, D. & Katz, L. (1983). Foundation of Behavioural Research (2nd ed.) Surjeet Publication, Kamla Nagar, Delhi.
4.	Kothari C.R. (2019). Research Methodology: Methods and Techniques. New Age Publishers Pvt Limited, 2019 Ed.-4
5.	Mason, J. (1997). Qualitative Researching. Thousand Oaks: Sage.
6.	Siegal, S. (1956). Non-Parametric Statistics for Behavioural Sciences. New York, McGraw Hill.
7.	Winer, B.J. (1971). Statistical Principles in Experimental Design. New York, McGrawHill.

Shubha  
Anshu  
Rachna

Dr. Anshu  
Dr. Anshu  
Dr. Anshu  
Dr. Anshu  
Dr. Anshu  
Dr. Anshu  
Dr. Anshu

8. Braun; V & Clarke; V (2021) Thematic Analysis: A Practical Guide SAGE, 2021

**Online Resources–**

**e-Resources / e-books and e-learning portals**

- <https://egyankosh.ac.in/>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

**Online Resources–**

**e-Resources / e-books and e-learning portals Reference:**

- Swayam Central  
<https://swayam.gov.in>
- youtube

**Part - D: Assessment and Evaluation**

**Suggested Continuous Evaluation Methods:**

Maximum Marks: 50 Marks  
 Continuous Internal Assessment (CIA): 15 Marks  
 End Semester Exam (ESE): 35 Marks

<b>Internal Assessment:</b>	Internal Test / Quiz-(2): 10 & 10	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar+ Attendance- 05	
	Total Marks - 15	
<b>End Semester Exam (ESE):</b>	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Activity Report Submission)-20	
	B. Spotting based on tools & technology (written) (Presentation)-	10
	C. Viva-voce (based on principle/technology) -	05
	Total Marks-	35

Name and Signature of Convener & Members of CBoS:

*Shukla*  
*Prabhavati Shukla*  
*Anand*  
*(Chairman)*

*Kaushik*  
 DR. A. Kaushik  
*Isaac*  
 Dr. Isaac

*R* *Rao* - *Dr. Raelika Shrivastava*

*Atetty* - *Alka Kerketty*

*knows* - *Gripa Bosewas*

*Anand* - *Dr. A. Deonikar*

*Ch* - *Ghanshyam Thakur*

*Dr. B. Haran*

*Dr. B. K. Sarkar*

**FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)**  
**DEPARTMENT OF PSYCHOLOGY**  
**COURSE CURRICULUM**

<b>PART-A: Introduction</b>			
<b>Program: Bachelor in Arts</b> <i>(Honors/Honors with Research)</i>		<b>Semester -VII</b>	
<b>Session:2024-2025</b>			
1	Course Code	PSSE- 06T	
2	Course Title	Community Psychology	
3	Course Type	<i>Discipline Elective Course (DSE)</i>	
4	Pre-requisite(if, any)	<i>As per program</i>	
5	Course Learning Outcomes (CLO)	<p><i>After the completion of course, the students will have ability of:</i></p> <ul style="list-style-type: none"> <li>➤ <i>Understanding the role of Psychology in community development.</i></li> <li>➤ <i>Developing an appreciation of the core values that guide community psychology and facilitate community functions.</i></li> <li>➤ <i>Developing insights with respect to health promotion programs in communities, community program for child and maternal health, for physically challenged and elderly people in the Indian context, through case studies</i></li> </ul>	
6	Credit Value	03 Credit	<i>Credit = 15 Hours - learning &amp; Observation</i>
7	Total Marks	Max. Marks: 100	Min Passing Marks: 40
<b>PART -B: Content of the Course</b>			
<b>Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)</b>			
Unit	Topics (Course contents)		No. of Period
<b>I</b>	Introduction to Community Psychology 1.1 Definition and Scope of Community Psychology; 1.2 Types Of Communities – Locality Based and Relational; 1.3 Models: Ecological Level and Social Action Model.		12
<b>II</b>	Core Values in Community Psychology: 2.1 Individual and Family Wellness; Sense of Community; Respect for Human Diversity; 2.2 Social Justice; Empowerment and Citizen Participation; Collaboration and Community Strengths 2.3 Community Functions – Socialization, and Supportive Functions.		11
<b>III</b>	Communities as setting for health promotion 3.1 Need and process of community organization and building for health promotion programming 3.2 Community program for child and maternal health, for physical challenged and old age in the Indian context.		11

*DP Shukla*  
*Amrita*  
*Amrita*

*Ram* *Amrita* *Amrita* *Amrita* *Amrita* *Amrita*



<b>Part - D: Assessment and Evaluation</b>		
<b>Suggested Continuous Evaluation Methods:</b>		
<b>Maximum Marks:</b>	<b>100 Marks</b>	
<b>Continuous Internal Assessment (CIA):</b>	<b>30 Marks</b>	
<b>End Semester Exam (ESE):</b>	<b>70 Marks</b>	
<b>Continuous Internal Assessment (CIA): (By Course Teacher)</b>	Internal Test / Quiz-(2): <b>20 +20</b> Assignment / Seminar - <b>10</b> Total Marks - <b>30</b>	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against <b>30 Marks</b>
<b>End Semester Exam (ESE):</b>	Two section – A & B Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks Total Marks=70	

*Name and Signature of Convener & Members of CBoS:*

*Shubh  
Babhanant Shukla  
(Convener)*

*DR. A. Kauskar  
DR. Lalita Sake*

*Members: - Dr. Nipit Biswas  
Rachita - Dr. Rachita Shrivastava  
B - Smt. Jayshree Panchangam*

*Metta - Aika Kerketta  
Chandhyan Malik  
Dr. A. Deoskar*

*Dr. B. K. Sankar  
Dr. B. Haran*

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)  
DEPARTMENT OF PSYCHOLOGY  
COURSE CURRICULUM

<b>PART-A: Introduction</b>			
Program: Bachelor in Arts (Honors/Honors with Research)		Semester - VII	Session:2024-2025
1	Course Code	PSSE-06P	
2	Course Title	Lab Course -6 (Activity)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if any)	<i>As per program</i>	
5	Course Learning Outcomes (CLO)	<i>After the completion of course, the students will have ability of:</i> ➤ Skill development on case studies ➤ Development of community orientation ➤ Understanding of NGOs functioning	
6	Credit Value	01 Credit	<i>(Credit = 30 Hrs for Practices/ Field work)</i>
7	Total Marks	Max. Marks: 50	Min Passing Marks: 20
<b>PART-B: Content of the Course</b>			
<b>Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)</b>			
Module	Topic		No. of Period
1	Case studies (Primary or Secondary Data) of community intervention programs by the governmental and nongovernmental organizations in Indian context such as- a. Rural Panchayat Programs, b. Children's Education, c. Citizen Right, d. Self- Help Group, e. Social Accounting		30
<b>Keywords</b>	<i>Rural Panchayat, Children Education, Citizen Right, Self Help Group</i>		
<b>PART-C</b>			
<b>Learning Resources: Text Books, Reference Books and Others</b>			
<b>Reference Books Recommended –</b>			
1. Black, T. R. (1988). <i>Quantitative Research Designs for Social Sciences</i> . Thousand Oaks: Sage. 2. Broota, K. D. (1992). <i>Experimental Design in Behavioural Research</i> . Wiley Eastern Ltd. New Delhi. 3. Kerlinger, D. & Katz, L. (1983). <i>Foundation of Behavioural Research</i> (2nd ed.) Surjeet Publication, Kamla Nagar, Delhi. 4. Kothari C.R. (2019). <i>Research Methodology: Methods and Techniques</i> . New Age Publishers Pvt Limited, 2019 Ed.-4 5. Mason, J. (1997). <i>Qualitative Researching</i> . Thousand Oaks: Sage. 6. Siegal, S. (1956). <i>Non-Parametric Statistics for Behavioural Sciences</i> . New York, McGraw Hill. 7. Winer, B.J. (1971). <i>Statistical Principles in Experimental Design</i> . New York, McGrawHill. 8. Braun; V &Clarke; V (2021) <i>Thematic Analysis: A Practical Guide</i> SAGE, 2021			

Shubh  
 Gaur  
 Chauhan

Rakhi  
 Bhatnagar  
 Anshu  
 Mittal  
 Anshu

Anshu  
 Mittal

<b>Online Resources–</b> <b>e-Resources / e-books and e-learning portals</b> ➤ <a href="https://egyankosh.ac.in/">https://egyankosh.ac.in/</a> ➤ <a href="https://epgp.inflibnet.ac.in/Home">https://epgp.inflibnet.ac.in/Home</a> ➤ <a href="https://ndl.iitkgp.ac.in/homestudy/humanities">https://ndl.iitkgp.ac.in/homestudy/humanities</a>		
<b>Online Resources–</b> <b>e-Resources / e-books and e-learning portals Reference:</b> ➤ Swayam Central <a href="https://swayam.gov.in">https://swayam.gov.in</a> ➤ youtube		
<b>Part - D: Assessment and Evaluation</b>		
<b>Suggested Continuous Evaluation Methods:</b> <b>Maximum Marks: 50 Marks</b> <b>Continuous Internal Assessment (CIA): 15 Marks</b> <b>End Semester Exam (ESE): 35 Marks</b>		
<b>Internal Assessment:</b> Continuous Internal Assessment (CIA)	Internal Test / Quiz-(2): <b>10 &amp; 10</b> Assignment/Seminar+ Attendance- <b>05</b> Total Marks - <b>15</b>	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against <b>15</b> Marks
<b>End Semester Exam (ESE):</b>	Laboratory / Field Skill Performance: On spot Assessment A. Performed the Task based on lab. Work (Activity Report Submission)- <b>20</b> B. Spotting based on tools & technology (written) (Presentation)- <b>10</b> C. Viva-voce (based on principle/technology) - <b>05</b> Total Marks- <b>35</b>	

Name and Signature of Convener & Members of CBoS:

*Shubla*  
*Bachhavati Shub*  
*(Convener)*

*Aarshi*  
*DR. A. Kausari*  
*Dr. Lalita Sahay*

*Rashi - Dr. Rachita Shrivastav*  
*Jyoti Parchoyem*

*Aarati - Alka Kerketta*  
*Anurag - Rishi Bhatnagar*

*Anurag - Dr. A. Deouskar*  
*Chandhayan Thakur*

*Dr. B. Hara*

*Dr. B. K. Sankar*

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)  
DEPARTMENT OF PSYCHOLOGY  
COURSE CURRICULUM

<b>PART-A: Introduction</b>			
Program: Bachelor in Arts (Honors/Honors with Research)		Semester -VII	Session:2024-2025
1	Course Code	PSSE- 07T	
2	Course Title	Human Resource Management	
3	Course Type	Discipline Elective Course (DSE)	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes (CLO)	<p>After the completion of course, the students will have ability of:</p> <ul style="list-style-type: none"> <li>➤ Developing the ability to assist HR departments in resolving human resource problems, particularly related to recruitment, selection, performance appraisal, training and career development.</li> <li>➤ Demonstrating skills to conduct training needs analysis using appropriate quantitative/qualitative methods.</li> <li>➤ Developing skills to conduct job analysis that could form the basis of selection instruments as well as performance appraisal system.</li> <li>➤ Acquiring relevant abilities to map competencies of employees of an organization.</li> <li>➤ Demonstrating multi-cultural knowledge of HRM and sensitivity towards diversity.</li> </ul>	
6	Credit Value	03 Credit	Credit = 15 Hours - learning & Observation
7	Total Marks	Max. Marks: 100	Min Passing Marks: 40
<b>PART -B: Content of the Course</b>			
Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)			
Unit	Topics (Course contents)		No. of Period
I	Human Resource Management 1.1 Strategic and traditional HRM, HR manager proficiencies 1.2 Changing role and changing environment of HRM 1.3 Labor Legislation in India		12
II	Person-organization Fit 2.1 Job Analysis 2.2 Recruitment and selection 2.3 Performance management systems		11
III	Human Resource Development 3.1 Training need analysis (competency mapping), methods of training 3.2 Learning and development 3.3 Career development		11
IV	4.1 Understanding cultural and contextual differences 4.2 Context of globalization		11

	4.3 Forms of IHRM/ Types of cross-national organizations (Domestic, International, & Transnational)	
<b>Keywords</b>	<i>Human Resource, Person- Organization, Career Development, Globalization, Cross National Organization.</i>	

<b>PART-C</b>
<b>Learning Resources: Text Books, Reference Books and Others</b>
<b>Text Books Recommended</b>
<ol style="list-style-type: none"> <li>1. Bansal. R. (2021) <i>Manav Sansadhan Prabandha</i>, SBPD Publication</li> <li>2. Pandit, K. &amp; Raina, P. (2023) <i>Manav Sansadhan Prabandh</i>, Sahitya Bhavan Publication</li> <li>3. Banfield, P., &amp; Kay, R. (2011). <i>Introduction to human Resource Management</i> (2nd Ed.). New Delhi, India: Oxford University Press.</li> <li>4. DeCenzo, D. A., &amp; Robbins, S. P. (2006). <i>Fundamentals of Human Resource Management</i> (8th Ed.). NY: Wiley.</li> </ol>
<b>Reference Books Recommended</b>
<ol style="list-style-type: none"> <li>1. Dessler, G., &amp; Varkkey, B. (2011). <i>Human Resource Management</i> (12th Ed.). New Delhi, India: Pearson Education.</li> <li>2. Tayeb, M. H. (2005). <i>International Human Resource Management: A Multinational Company Perspective</i>. NY: Oxford University Press.</li> </ol>
<b>Online Resources– e-Resources / e-books and e-learning portals</b>
<ul style="list-style-type: none"> <li>➤ <a href="https://egyankosh.ac.in/">https://egyankosh.ac.in/</a></li> <li>➤ <a href="https://epgp.inflibnet.ac.in/Home">https://epgp.inflibnet.ac.in/Home</a></li> <li>➤ <a href="https://ndl.iitkgp.ac.in/homestudy/humanities">https://ndl.iitkgp.ac.in/homestudy/humanities</a></li> </ul>
<b>Online Resources– e-Resources / e-books and e-learning portals Reference:</b>
<ul style="list-style-type: none"> <li>➤ Swayam Central <a href="https://swayam.gov.in">https://swayam.gov.in</a></li> <li>➤ youtube</li> </ul>

<b>Part - D: Assessment and Evaluation</b>		
<b>Suggested Continuous Evaluation Methods:</b>		
<b>Maximum Marks:</b>	<b>100 Marks</b>	
<b>Continuous Internal Assessment (CIA):</b>	<b>30 Marks</b>	
<b>End Semester Exam (ESE):</b>	<b>70 Marks</b>	
<b>Continuous Internal Assessment (CIA): (By Course Teacher)</b>	Internal Test / Quiz-(2): <b>20 +20</b> Assignment / Seminar - <b>10</b> Total Marks - <b>30</b>	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against <b>30 Marks</b>

Shukla  
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 Anand  
 Kumar  
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<b>End Semester Exam (ESE):</b>	<b>Two section – A &amp; B</b> Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks Total Marks=70
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**Name and Signature of Convener & Members of CBoS:**

*Shukla*  
Do. Babbarvesti Shukla

*Anand*  
Anand

*Kaushik*  
DR. A. Kaushik

*Dr. Lalit Kishore*  
Dr. Lalit Kishore

*Rachita* (Dr. Radhika Shrivastava)

*Arzta* (AIKA Kerketta)

*Pank* Smt. Jayshree Panchangam

*Kamini* - Anjali Bisen

*Anand* - Dr. A. Deouskar

*Chamshyees* Thon

*Dr. B. Harar*

*Dr. B. K. Sombor*

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)  
DEPARTMENT OF PSYCHOLOGY  
COURSE CURRICULUM

<b>PART-A: Introduction</b>			
Program: Bachelor in Arts (Honors/Honors with Research)		Semester -VII	Session:2024-2025
1	Course Code	PSSE- 07P	
2	Course Title	Lab Course -7 (Activity)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes (CLO)	<i>After the completion of course, the students will have ability of:</i> ➤ Understanding of appraisal system ➤ Understanding of role responsibility of assistant and associate professors	
6	Credit Value	01 Credit	(Credit = 30 Hrs for Practices/ Field work)
7	Total Marks	Max. Marks: 50	Min Passing Marks: 20
<b>PART -B: Content of the Course</b>			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Module	Topics (ANY ONE)		No. of Period
1	Providing students with a performance appraisal system and asking them to critically review it.		30
2	Asking students to do a job analysis of “assistant professors” and “associate professors” making use of critical incidents technique.		
3	Assigning students the task of competency mapping by providing them a set of competencies like leadership, team player, effective communicator etc.		
<b>Keywords</b>	<i>Appraisal System, Job Analysis, Leadership.</i>		

<b>PART-C</b>
<b>Learning Resources: Text Books, Reference Books and Others</b>
<i>Reference Books Recommended –</i>
1. Black, T. R. (1988). <i>Quantitative Research Designs for Social Sciences</i> . Thousand Oaks: Sage. 2. Broota, K. D. (1992). <i>Experimental Design in Behavioural Research</i> . Wiley Eastern Ltd. New Delhi. 3. Kerlinger, D. & Katz, L. (1983). <i>Foundation of Behavioural Research</i> (2nd ed.) Surjeet Publication, Kamla Nagar, Delhi. 4. Kothari C.R. (2019). <i>Research Methodology: Methods and Techniques</i> . New Age Publishers Pvt Limited, 2019 Ed.-4 5. Mason, J. (1997). <i>Qualitative Researching</i> . Thousand Oaks: Sage. 6. Siegal, S. (1956). <i>Non-Parametric Statistics for Behavioural Sciences</i> . New York, McGraw Hill.

Page | 71

7. Winer, B.J. (1971). *Statistical Principles in Experimental Design*. New York, Mc-Graw Hill.
8. Braun; V & Clarke; V (2021) *Thematic Analysis: A Practical Guide* SAGE, 2021

**Online Resources–**

**e-Resources / e-books and e-learning portals**

- <https://egyankosh.ac.in/>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

**Online Resources–**

**e-Resources / e-books and e-learning portals Reference:**

- Swayam Central  
<https://swayam.gov.in>
- youtube

**Part - D: Assessment and Evaluation**

**Suggested Continuous Evaluation Methods:**

<b>Maximum Marks:</b>	<b>50 Marks</b>
<b>Continuous Internal Assessment (CIA):</b>	<b>15 Marks</b>
<b>End Semester Exam (ESE):</b>	<b>35 Marks</b>

<b>Internal Assessment:</b>	Internal Test / Quiz-(2): <b>10 &amp; 10</b>	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against <b>15</b> Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar+ Attendance- <b>05</b>	
	Total Marks - <b>15</b>	
<b>End Semester Exam (ESE):</b>	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Activity Report Submission)- <b>20</b>	
	B. Spotting based on tools & technology (written) (Presentation)- <b>10</b>	
	C. Viva-voce (based on principle/technology) - <b>05</b>	
	Total Marks- <b>35</b>	

**Name and Signature of Convener & Members of CBoS:**

*Shubh*  
Prabhuwati Singh  
*(Signature)*  
Chaturvedi

*Amrta*  
Anand

*Dr. Radhika Shrivastava*  
*Smt. Jayshree Panchangam*

*Dr. Alka Kerketta*

*Dr. Tripti Biswas*  
*Chandram*

*Dr. A. Deouskar*  
*Chandram*

*Dr. M. Ganu*  
*Dr. B.K. Sankar*

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)  
DEPARTMENT OF PSYCHOLOGY  
COURSE CURRICULUM

<b>PART-A: Introduction</b>			
Program: Bachelor in Arts (Honors/Honors with Research)		Semester -VII	
Session:2024-2025			
1	Course Code	PSSE- 08T	
2	Course Title	Fundamentals of Clinical Psychology- 1	
3	Course Type	<i>Discipline Elective Course (DSE)</i>	
4	Pre-requisite(if, any)	<i>As per program</i>	
5	Course Learning Outcomes (CLO)	<p><i>After the completion of course, the students will have ability of:</i></p> <ul style="list-style-type: none"> <li>➤ <i>Developing a foundational knowledge of Clinical Psychology, its historical development (especially w.r.t India) and professional ethics.</i></li> <li>➤ <i>Acquiring knowledge and skills for distinguishing normal and abnormal behavior and learn the criteria of determining abnormality.</i></li> <li>➤ <i>Developing competencies for assessing the psychological functioning of individuals through techniques such as psychological assessment, observation and interviewing.</i></li> <li>➤ <i>Developing familiarity with the current diagnostic systems (current edition of the Diagnostic and Statistical Manual of Mental Disorders and International Classification of Diseases- Mental Disorder section)</i></li> <li>➤ <i>Acquiring knowledge about Anxiety Disorders and Trauma &amp; Stressor-related, Dissociative and Personality Disorders.</i></li> <li>➤ <i>Developing sensitivity towards individual and cultural diversity and understanding its implication in clinical work especially within the Indian context.</i></li> <li>➤ <i>Understanding the essence of a reflective practitioner by engaging in reflective processes that make him or her aware of his or her strengths and vulnerabilities.</i></li> </ul>	
6	Credit Value	03 Credit	<i>Credit = 15 Hours - learning &amp; Observation</i>
7	Total Marks	Max. Marks: 100	Min Passing Marks: 40
<b>PART -B: Content of the Course</b>			
Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)			
Unit	Topics (Course contents)	No. of Period	
I	Introduction  1.1. Definition of Clinical Psychology, Historical development of Clinical Psychology in (with special reference to India)  1.2. Ethics of the profession. 1.3 Concept of Abnormal Behavior	12	
II	Clinical Assessment and Classification	11	

Shubh  
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Daxin

Ramu  
Ramesh  
Mishra  
Laxmi  
Bhoslas  
Anurag  
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	2.1 Clinical Assessment: Clinical Interview (emphasis on Mental Status Examination-MSE), Case History and Observation 2.2 Psychological testing and Neuropsychological test Battery 2.3 Classification and Diagnosis: Classification models: DSM V (latest) and ICD (latest)	
<b>III</b>	Anxiety and Obsessive Compulsive Disorders: Clinical Picture and Etiology 3.1 Generalized Anxiety Disorder 3.2 Social Anxiety Disorder (Social Phobia) 3.3 Panic Disorder 3.4 Obsessive-Compulsive Disorder	<b>11</b>
<b>IV</b>	Trauma & Stressor-related, Dissociative and Personality Disorders: Clinical Picture and Etiology 4.1 Adjustment Disorder 4.2 Post-Traumatic Stress Disorder 4.3 Personality Disorders (Clusters A, B and C): Only Clinical Picture	<b>11</b>
<b>Keywords</b>	<i>Clinical Psychology, Abnormal Behavior Clinical Assessment, Neuro Psychology, DSM, ICD, Anxiety Disorder, Personality Disorder</i>	

<b>PART-C</b>
<b>Learning Resources: Text Books, Reference Books and Others</b>
<p><b>Text Books Recommended –</b></p> <ol style="list-style-type: none"> <li>Hassan, S. (2004) <i>Naidanik Manovigyan</i>, Motilal Banarsidas, New Delhi</li> <li>Singh, A.K. (2021) <i>Uchatar Naidanik Manovigyan</i>, Motilal Banarsidas, International, New Delhi</li> <li>Korchin, S. J. (1978). <i>Modern Clinical Psychology: Principles of Intervention in the Clinical and Community</i>. International Edition.</li> <li>Korchin, S. J. (2004). <i>Modern Clinical Psychology: Principles of Intervention in the Clinical and Community</i>, 1st Edition. CBS Publisher.</li> </ol> <p><b>Reference Book Recommended</b></p> <ol style="list-style-type: none"> <li>Beg, M. A., &amp; Beg, S. (1996). Logotherapy and the Vedantic view of life and mental well-being. <i>Journal des Viktor-Frankl-Instituts</i>, 1, 97-112.</li> <li>Butcher, J.N., Hooly, J. M, Mineka, S. &amp; Dwivedi, C.B (2017). <i>Abnormal Psychology</i>. New Delhi: Pearson.</li> <li>Hecker, J. E., &amp; Thorpe, G. L. (2005). <i>Introduction to clinical psychology</i>. Delhi: Pearson Education.</li> <li>Husain, A., Beg, M. A., &amp; Dwivedi, C. B. (2013). <i>Psychology of humanity and spirituality</i>. New Delhi: Research India Press.</li> <li>Llewelyn, S., Murphy, D. (Eds.) (2014). <i>What is clinical psychology?</i> Oxford UK: Oxford University Press.</li> <li>Plante, T. G. (2011). <i>Contemporary clinical psychology</i>. (3rd edition). New York: John Wiley &amp; Sons.</li> <li>Pomerantz, A. M. (2008). <i>Clinical psychology: Science, practice and culture</i>. New Delhi: Sage Publications.</li> <li>Sommers-Flanagan, J. &amp; Sommers-Flanagan, R. (2017). <i>Clinical Interviewing</i>. New Jersey:</li> </ol>

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Wiley
<b>Online Resources–</b> <b>e-Resources / e-books and e-learning portals</b> ➤ <a href="https://egyankosh.ac.in/">https://egyankosh.ac.in/</a> ➤ <a href="https://epgp.inflibnet.ac.in/Home">https://epgp.inflibnet.ac.in/Home</a> ➤ <a href="https://ndl.iitkgp.ac.in/homestudy/humanities">https://ndl.iitkgp.ac.in/homestudy/humanities</a>
<b>Online Resources–</b> <b>e-Resources / e-books and e-learning portals Reference:</b> ➤ Swayam Central <a href="https://swayam.gov.in">https://swayam.gov.in</a> ➤ youtube

<b>Part - D: Assessment and Evaluation</b>		
<b>Suggested Continuous Evaluation Methods:</b>		
<b>Maximum Marks:</b>	<b>100 Marks</b>	
<b>Continuous Internal Assessment (CIA):</b>	<b>30 Marks</b>	
<b>End Semester Exam (ESE):</b>	<b>70 Marks</b>	
<b>Continuous Internal Assessment (CIA): (By Course Teacher)</b>	Internal Test / Quiz-(2): <b>20 +20</b> Assignment / Seminar - <b>10</b> Total Marks - <b>30</b>	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against <b>30</b> Marks
<b>End Semester Exam (ESE):</b>	<b>Two section – A &amp; B</b> Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks Total Marks =70	

*Name and Signature of Convener & Members of CBoS:*

*Shukla  
Prabhu Shukla*

*Gaurav  
Chakravarti*

*Aashni  
Awasthi*

*Sanjay  
Lalita*

*Dr. Radita Chivastkar*

*Smt. Jayshree Parthasarthy*

*Alka Kerketta*

*Dr. A. Devaraj*

*Dr. B. K. Sankar*

*Dr. B. K. Sankar*



2. Siegal, S. (1956). *Non-Parametric Statistics for Behavioural Sciences*. New York, McGraw Hill.
3. Winer, B.J. (1971). *Statistical Principles in Experimental Design*. New York, McGraw Hill.
4. Braun; V & Clarke; V (2021) *Thematic Analysis: A Practical Guide* SAGE, 2021
5. Counseling Skills: *A Practical Guide for Counselors and Helping Professionals*(2011) Open University Press; 2nd edition (4 November 2011)

**Online Resources–**

**e-Resources / e-books and e-learning portals**

- <https://egvankosh.ac.in/>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

**Online Resources–**

**e-Resources / e-books and e-learning portals Reference:**

- Swayam Central  
<https://swayam.gov.in>
- youtube

**Part - D: Assessment and Evaluation**

**Suggested Continuous Evaluation Methods:**

<b>Maximum Marks:</b>	<b>50 Marks</b>
<b>Continuous Internal Assessment (CIA):</b>	<b>15 Marks</b>
<b>End Semester Exam (ESE):</b>	<b>35 Marks</b>

<b>Internal Assessment:</b>	Internal Test / Quiz-(2): <b>10 &amp; 10</b>	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against <b>15</b> Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar+ Attendance- <b>05</b>	
	Total Marks - <b>15</b>	
<b>End Semester Exam (ESE):</b>	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Activity Report Submission)-	<b>20</b>
	B. Spotting based on tools & technology (written) (Presentation)–	<b>10</b>
	C. Viva-voce (based on principle/technology) -	<b>05</b>
	Total Marks-	<b>35</b>

**Name and Signature of Convener & Members of CBoS:**

*Dr. Prabhakar Shukla*  
*(Convener)*

*Avantika*

*Dr. Lata Sahu*

*Dr. Radhika Chaitanya*  
*Smt. Jayshree Panchangam*

*Alka Kerketta*

*Dr. A. Deveskar*  
*Chandram Thakur*

*Dr. B. Hanan*

*(Dr. B. K. Sankar)*

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)  
DEPARTMENT OF PSYCHOLOGY  
COURSE CURRICULUM

<b>PART-A: Introduction</b>			
Program: Bachelor in Arts (Honors/Honors with Research)		Semester - VII	Session:2024-2025
1	Course Code	PSSE-T	
2	Course Title	Research Methodology	
3	Course Type	<i>Discipline Elective Course (DSE)</i>	
4	Pre-requisite(if, any)	<i>As per program</i>	
5	Course Learning Outcomes (CLO)	<p><i>After the completion of course, the students will have ability of:</i></p> <ul style="list-style-type: none"> <li>➤ <i>Awareness of the basic features of various types of research undertaken with human beings and understanding of the use of basic terminology used in human research.</i></li> <li>➤ <i>Demonstrate ability to plan simple experiments and state its requirements. Also, to develop awareness of the critical components of experimental design and its conduction.</i></li> <li>➤ <i>Developing familiarity with different kinds of measures and techniques for assessing individual differences.</i></li> <li>➤ <i>Understanding the distinctive features of a select qualitative research methods and plan small qualitative research.</i></li> <li>➤ <i>Understanding the important components of different types of research report and observing the precautions to maintain ethical and moral integrity of the researcher.</i></li> </ul>	
6	Credit Value	03 Credit	<i>Credit = 15 Hours - learning &amp; Observation</i>
7	Total Marks	Max. Marks: 100	Min Passing Marks: 40
<b>PART -B: Content of the Course</b>			
<b>Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)</b>			
Unit	Topics (Course contents)	No. of Period	
I	Introduction 1.1 Meaning of Research and its purposes 1.2 The process and steps of Scientific Research 1.3 Identifying a Research Problem 1.4 Main types of research: Descriptive, Experimental, Correlational, and Non- Experimental. 1.5 The notion of Variable and its types: Independent, Dependent and Control	12	
II	Experimentation 2.1 Basic ideas: Research design, hypothesis, theory, observation and data;	11	

Shukla  
Soni  
Srivastava  
Bansal

Devi  
Arora  
Anand  
Bhoslas

	<p>2.2 Manipulation, selection and measurement</p> <p>2.3 Basic experimental design: Control and experimental groups</p> <p>2.4 Factorial design</p>	
<b>III</b>	<p>Sampling</p> <p>3.1 Probability: Simple Random, Stratified and Cluster;</p> <p>3.2 Non- Probability: Accidental, Quota and Purposive,</p> <p>3.3 Notion of Theoretical Sampling in Qualitative Research and Sampling Size</p>	<b>11</b>
<b>IV</b>	<p>Qualitative Methods and Report Writing</p> <p>4.1 Qualitative methods: Observation, Ethnography, Interview and Thematic analysis</p> <p>4.2 Report Writing for different kinds of reports: Reviews, Experimental reports, Correlational studies</p> <p>4.3 Ethical and Moral considerations during research</p>	<b>11</b>
<b>Keywords</b>	<b>Research, Problem, Hypothesis, Variable, Research Design, Probability, Sampling, Qualitative Method.</b>	

## **PART-C**

### **Learning Resources: Text Books, Reference Books and Others**

#### **Text Books Recommended –**

1. Black, T. R. (1988). Quantitative Research Designs for Social Sciences. Thousand Oaks: Sage.
2. Broota, K. D. (1992). Experimental Design in Behavioural Research. Wiley Eastern Ltd. New Delhi.
3. Kerlinger, D. & Katz, L. (1983). Foundation of Behavioural Research (2nd ed.) Surjeet Publication, Kamla Nagar, Delhi.
4. Kothari C.R. (2019). Research Methodology: Methods and Techniques. New Age Publishers Pvt Limited, 2019 Ed.-4

#### **Reference Book Recommended**

1. Mason, J. (1997). Qualitative Researching. Thousand Oaks: Sage.
2. Siegal, S. (1956). Non-Parametric Statistics for Behavioural Sciences. New York, McGraw Hill.
3. Winer, B.J. (1971). Statistical Principles in Experimental Design. New York, McGraw Hill.
4. Braun; V & Clarke; V (2021) Thematic Analysis: A Practical Guide SAGE, 2021

#### **Online Resources–**

##### **e-Resources / e-books and e-learning portals**

- <https://egyankosh.ac.in/>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

#### **Online Resources–**

##### **e-Resources / e-books and e-learning portals Reference:**

- Swayam Central  
<https://swayam.gov.in>

- youtube

Part - D: Assessment and Evaluation		
<b>Suggested Continuous Evaluation Methods:</b>		
Maximum Marks: 100 Marks		
Continuous Internal Assessment (CIA): 30 Marks		
End Semester Exam (ESE): 70 Marks		
<b>Continuous Internal Assessment (CIA):</b> (By Course Teacher)	Internal Test / Quiz-(2): 20 +20 Assignment / Seminar - 10 Total Marks - 30	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
<b>End Semester Exam (ESE):</b>	Two section – A & B Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks Total Marks=70	

Name and Signature of Convener & Members of CBoS:

*Shubh*  
*Poojashree Shukla*

*Janoo*  
*Shahkumar*

*Harsh*  
*Awantra*

*Rachit - Dr. Rachit Shivakumar*

*Aarati - Alka Kerketta*

*Tripti - Poojashree Shukla*

*Amal - Dr. A. Deveshkar*

*Ch - Ghanashyam Thakur*

*My - B. Hasan*

*R - Dr. B. K. Sambre*

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)  
DEPARTMENT OF PSYCHOLOGY  
COURSE CURRICULUM

<b>PART-A: Introduction</b>			
Program: Bachelor in Arts (Honors/Honors with Research)		Semester -VII	
Session:2024-2025			
1	Course Code	PSSE-P	
2	Course Title	Lab Course -(Activity)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes (CLO)	<ul style="list-style-type: none"> <li>➤ Understanding the process of qualitative research process</li> <li>➤ Understanding the process of quantitative research process</li> </ul>	
6	Credit Value	01 Credit	(Credit = 30 Hrs for Practices/ Field work)
7	Total Marks	Max. Marks: 50	Min Passing Marks: 20
<b>PART -B: Content of the Course</b>			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Module	Topic (Course contents)		No. of Period
1	Project based on Qualitative or Quantitative Research		30
Keywords	Qualitative Research, Quantitative Research		

<b>PART-C</b>	
<b>Learning Resources: Text Books, Reference Books and Others</b>	
<b>References Books Recommended –</b>	
<ol style="list-style-type: none"> <li>1. Black, T. R. (1988). Quantitative Research Designs for Social Sciences. Thousand Oaks: Sage.</li> <li>2. Broota, K. D. (1992). Experimental Design in Behavioural Research. Wiley Eastern Ltd. New Delhi.</li> <li>3. Kerlinger, D. &amp; Katz, L. (1983). Foundation of Behavioural Research (2nd ed.) Surjeet Publication, Kamla Nagar, Delhi.</li> <li>4. Kothari C.R. (2019). Research Methodology: Methods and Techniques. New Age Publishers Pvt Limited, 2019 Ed.-4</li> <li>5. Mason, J. (1997). Qualitative Researching. Thousand Oaks: Sage.</li> <li>6. Siegal, S. (1956). Non-Parametric Statistics for Behavioural Sciences. New York, McGraw Hill.</li> <li>7. Winer, B.J. (1971). Statistical Principles in Experimental Design. New York, McGrawHill.</li> <li>8. Braun; V &amp;Clarke; V (2021) Thematic Analysis: A Practical Guide SAGE, 2021</li> </ol>	
<b>Online Resources–</b>	
<b>e-Resources / e-books and e-learning portals</b>	
<ul style="list-style-type: none"> <li>➤ <a href="https://egyankosh.ac.in/">https://egyankosh.ac.in/</a></li> <li>➤ <a href="https://epgp.inflibnet.ac.in/Home">https://epgp.inflibnet.ac.in/Home</a></li> <li>➤ <a href="https://ndl.iitkgp.ac.in/homestudy/humanities">https://ndl.iitkgp.ac.in/homestudy/humanities</a></li> </ul>	

*Shukla*

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Bhoslas*

*[Signature]*

**Online Resources–****e-Resources / e-books and e-learning portals Reference:**

- Swayam Central  
<https://swayam.gov.in>
- youtube

**Part - D: Assessment and Evaluation****Suggested Continuous Evaluation Methods:**

<b>Maximum Marks:</b>	<b>50 Marks</b>
<b>Continuous Internal Assessment (CIA):</b>	<b>15 Marks</b>
<b>End Semester Exam (ESE):</b>	<b>35 Marks</b>

<b>Internal Assessment:</b>	Internal Test / Quiz-(2): 10 & 10	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar+ Attendance- 05	
	Total Marks - 15	
<b>End Semester Exam (ESE):</b>	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Activity Report Submission)-20	
	B. Spotting based on tools & technology (written) (Presentation)-	10
	C. Viva-voce (based on principle/technology) -	05
	Total Marks-	35

**Name and Signature of Convener & Members of CBoS:**

Shukla  
Rabhuwati Shukla  
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[Signature]

Aruni  
Aruni

Dr. Rakita Shrivastava  
Dr. Alka Kerketta  
Dr. Tripti Biswas  
Dr. A. Deveshwar  
Dr. Chandrayan Thakur  
Dr. B. Haran  
Dr. B. K. Sankar

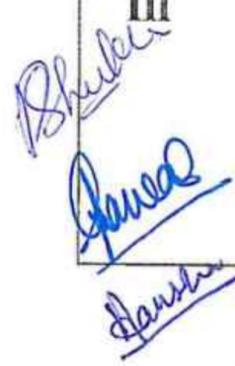
FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)  
DEPARTMENT OF PSYCHOLOGY  
COURSE CURRICULUM

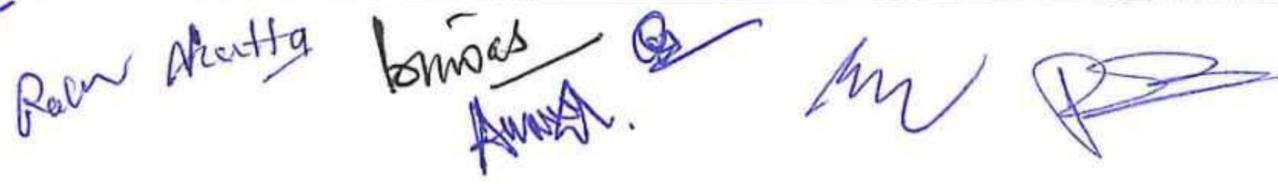
<b>PART-A: Introduction</b>			
Program: Bachelor in Arts <i>(Honors/Honors with Research)</i>		Semester - VIII	Session:2024-2025
1	Course Code	PSSC- 08T	
2	Course Title	Fundamentals of Counseling	
3	Course Type	<i>Discipline Specific Course (DSC)</i>	
4	Pre-requisite(if, any)	<i>As per program</i>	
5	Course Learning Outcomes (CLO)	<ul style="list-style-type: none"> <li>➤ <i>After the completion of course, the students will have ability to:</i></li> <li>➤ <i>Developing a basic understanding of counseling as a profession.</i></li> <li>➤ <i>Gaining an overview of basic approaches, theories and techniques in counseling.</i></li> <li>➤ <i>Developing awareness about the contemporary issues and challenges in counseling.</i></li> <li>➤ <i>Learning about the newer forms of therapy like solution focused therapy, narrative therapy etc.</i></li> </ul>	
6	Credit Value	03 Credit	<i>Credit = 15 Hours - learning &amp; Observation</i>
7	Total Marks	Max. Marks: 100	Min Passing Marks: 40

**PART -B: Content of the Course**

Total No. of Teaching–Learning Periods (01 Hr. per period) - 45 Periods (45 Hours)

Unit	Topics (Course contents)	No. of Period
I	Introduction to counseling as a profession  1.1 Nature and Goals 1.2 Professional ethics (Latest version of American Counseling Association–ACA) 1.3 Contemporary issues and challenges; challenge of online-Counseling and tele-counseling.	12
II	Approaches to Counseling- I  2.1 Person centered approach 2.2 Psychodynamic approach 2.3 Behavioral approach; Relaxation, Systematic Desensitization, 2.4 Cognitive behavioral approach: CBT.	11
III	Approaches to Counseling II  3.1 Narrative therapy 3.2 Solution Focused therapy 3.3 Creative and Expressive arts therapy 3.4 Music therapy	11





<b>IV</b>	<b>Counseling Applications</b>  4.1 Child Counseling 4.2 Family Counseling 4.3 Career Counseling 4.4 Crisis Intervention: Suicide, Grief, and Sexual Abuse	<b>11</b>
<b>Keywords</b>	<i>Counseling, Person Centered Approach, Cognitive Approach, Solution Focused Therapy  Family Counseling Career Counseling, Child Counseling.</i>	

## **PART-C**

### **Learning Resources: Text Books, Reference Books and Others**

#### **Text Books Recommended –**

1. Aguilera, D.C. (1998). *Crisis Intervention: Theory and Methodology* (8thEd.) Philadelphia: Mosby.
2. Belkin, G. S. (1998). *Introduction to Counselling* (3rd Ed.) Iowa: W. C. Brown.
3. Capuzzi, D. & Gross, D. R. (2007). *Counselling and Psychotherapy: Theories and Interventions* (4th Ed.) New Delhi. Pearson.
4. Kapur, M. (2011). *Counselling Children with Psychological Problems*. New Delhi, Pearson.
5. Sharf, R. S. (2012). *Theories of Psychotherapy and Counseling: Concepts and Cases*. 5<sup>th</sup> Edition. Belmont: Brooks/Cole (Cengage Learning).
6. Singh, A.K.(2009) *Naidanik Manovigyan*, Motilal Banarsidas, Delhi

#### **Reference Book Recommended**

1. Corey, G. (2009) *Counselling and Psychotherapy; Theory and Practice*.(7th Ed.) New Delhi: Cengage Learning.
2. Friedlander, M.L. & Diamond, G.M. (2012). *Couple and Family Therapy*. In
3. E. M. Altmaier and J.C. Hansen (Eds.) *The Oxford Handbook of Counselling Psychology*. New York: Oxford University Press

#### **Online Resources–**

##### **e-Resources / e-books and e-learning portals**

- <https://egyankosh.ac.in/handle/123456789/4448>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

#### **Online Resources–**

##### **e-Resources / e-books and e-learning portals**

- Swayam Central  
<https://swayam.gov.in>
- Youtube

*Shubho*

*Anusha*

*Ravi*

*Anusha*

*Nisha*

*Anusha*

*Omias*

*Anusha*

*Anusha*

*Anusha*

**Part - D: Assessment and Evaluation**

**Suggested Continuous Evaluation Methods:**

Maximum Marks: 100 Marks

Continuous Internal Assessment (CIA): 30 Marks

End Semester Exam (ESE): 70 Marks

**Continuous Internal Assessment (CIA):**  
(By Course Teacher)

Internal Test / Quiz-(2): 20 +20

Assignment / Seminar - 10

Total Marks - 30

Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks

**End Semester Exam (ESE):**

Two section – A & B

Section A: (I) Objective Type Questions 10x1=10 Marks

(II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks

Section B: Long Answer Type Questions One From Each Unit With Internal option

4x10=40 Marks

Total Marks =70

*Name and Signature of Convener & Members of CBoS:*

*Dr. R. K. Saha*  
*Dr. R. K. Saha*



<https://swayam.gov.in>

➤ youtube

### Part - D: Assessment and Evaluation

#### Suggested Continuous Evaluation Methods:

Maximum Marks: 50 Marks

Continuous Internal Assessment (CIA): 15 Marks

End Semester Exam (ESE): 35 Marks

Internal Assessment: Continuous Comprehensive Evaluation (CCE)	Internal Test / Quiz-(2): 10 & 10	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
	Assignment/Seminar+ Attendance- 05	
	Total Marks - 15	
Semester End Exam (SEE):	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Activity Report Submission)-20	
	B. Spotting based on tools & technology (written) (Presentation)- 10	
	C. Viva-voce (based on principle/technology) - 05	
	Total Marks- 35	

Name and Signature of Convener & Members of CBoS:

*Shubla*  
*Balharaj Shinde*  
*Jayashree*  
*Subhashini*

*Avantika*  
*Dr. Lalitasaheb*

*Reela - Dr. Reela Shrivastav*  
*Pamch - Smt. Jayshree Panchangam*

*Arutta - Alka Kerketta*  
*Arnois - Tripti Bisen*

*Armita - Dr. A. Desoukar*

*Chandhagan Them*

*Dr. B. Gana*

*Dr. B.K. Sankar*

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)  
DEPARTMENT OF PSYCHOLOGY  
COURSE CURRICULUM

<b>PART-A: Introduction</b>			
	Program: Bachelor in Arts <i>(Honors/Honors with Research)</i>	Semester - VIII	Session:2024-2025
1	Course Code	PSSE- 09T	
2	Course Title	Forensic Psychology	
3	Course Type	<i>Discipline Elective Course (DSE)</i>	
4	Pre-requisite(if, any)	<i>As per program</i>	
5	Course Learning Outcomes (CLO)	<p><i>After the completion of course, the students will have ability of:</i></p> <ul style="list-style-type: none"> <li>➤ <i>Being able to conceptualize forensic psychology as a distinct discipline within the wider field of psychology as well as an understanding of its historical roots.</i></li> <li>➤ <i>Developing an understanding how various theories and principles of psychology are applied in the court of law and criminal justice system.</i></li> <li>➤ <i>Understanding the roles of forensic psychologists and psychologists in court, and demonstrating knowledge of key issues in forensic psychology including eyewitness testimony and false confession.</i></li> <li>➤ <i>Developing a working knowledge and understanding of the basic theory and methods of investigation used in forensic psychology with an emphasis on crime scene analysis and forensic psychological tools.</i></li> <li>➤ <i>Learning about the forensic interviewing with the help of advanced tools used in crime investigation.</i></li> <li>➤ <i>Demonstrating ability to developing offender or criminal profiling</i></li> <li>➤ <i>Demonstrating working knowledge of forensic report writing and providing psychological consultancy in forensic setting.</i></li> </ul>	
6	Credit Value	03 Credit	<i>Credit = 15 Hours - learning &amp; Observation</i>
7	Total Marks	Max. Marks: 100	Min Passing Marks: 40

<b>PART -B: Content of the Course</b>		
Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)		
Unit	Topics (Course contents)	No. of Period
I	Introduction 1.1 Defining forensic psychology 1.2 History of forensic psychology 1.3 The roles of the Forensic Psychologist: Clinical and Experimental 1.4 Assessment and Evaluation in Forensic Psychology	12
II	Criminal Psychology 2.1 Introduction to Criminal Psychology 2.2 Theories applied to Criminal psychology	11

Shukla  
Sanku  
Dariusz  
Amoxa  
Poon  
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Janh Mitta  
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	2.3 Offender Typologies and Criminal Profiling	
<b>III</b>	Police, Investigative and Correctional Psychology 3.1 Police Psychology 3.2 Investigative Psychology 3.3 Eye-witness and Witness Protection 3.4 Correctional Psychology	<b>11</b>
<b>IV</b>	Application of Forensic Psychology 4.1 Forensic Psychology and Child Related Issues 4.2 Juvenile Delinquency 4.3 Psychopathology of Homicide 4.4 Dynamics of Serial Killings	<b>11</b>
<b>Keywords</b>	<i>Forensic Psychology, Criminal Psychology, Offender, Correctional Psychology, Witness Protection, Juvenile Delinquency</i>	

## PART-C

### Learning Resources: Text Books, Reference Books and Others

#### Text Books Recommended –

1. Batchman, R., & Schutt, R. K. (2008). *Fundamentals of research in criminology and criminal justice*. London: Sage.
2. Haward, L. (1981). *Forensic psychology*. London: Batsford Academic and Educational Ltd.
3. Howitt, D. (2002). *Forensic and criminal psychology*. New Delhi, India: Prentice Hall.
4. Loftus, E. F. (1996). *Eyewitness testimony: With a new preface*. Cambridge, MA: Harvard University Press.
5. Ross, F. D., Read, D. J., & Toglia, M. P. (1994). *Adult eyewitness testimony*. New York: Cambridge University Press.
6. Webb, D. (2013). *Criminal profiling: An introductory Guide*. UK: Independent Publishing Platform.
7. Wrightsman, L. S. & Fulero, S. M. (2008). *Forensic psychology* (3rd Ed.). Belmont, CA: Wadsworth Publishing Co.
8. Connolly, I., Palmer, M., Barton, H. & Kirwan, G. (eds.), (2016). *Introduction to Cyber Psychology*. London: Routledge

#### Online Resources–

##### e-Resources / e-books and e-learning portals

- <https://egvankosh.ac.in/>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

#### Online Resources–

##### e-Resources / e-books and e-learning portals

- Swayam Central  
<https://swayam.gov.in>
- youtube

*Shukla*  
*Anand Kumar*  
*Saurabh*  
*Deep*  
*Pankaj*  
*Arth*  
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*[Signature]*

<b>Part - D: Assessment and Evaluation</b>		
<b>Suggested Continuous Evaluation Methods:</b>		
<b>Maximum Marks:</b>	<b>100 Marks</b>	
<b>Continuous Internal Assessment (CIA):</b>	<b>30 Marks</b>	
<b>End Semester Exam (ESE):</b>	<b>70 Marks</b>	
<b>Continuous Internal Assessment (CIA): (By Course Teacher)</b>	Internal Test / Quiz-(2): <b>20 +20</b> Assignment / Seminar - <b>10</b> Total Marks - <b>30</b>	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against <b>30 Marks</b>
<b>End Semester Exam (ESE):</b>	<b>Two section – A &amp; B</b> Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks Total Marks =70	

*Name and Signature of Convener & Members of CBoS:*

*Shukla*

*Sharma*  
*Sharma*

*Sharma*  
*Sharma*

*Ravi*  
*Panch. Smt. Jayshree Panchangam*

*Sharma*

*Sharma*

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*Sharma*

*Sharma*

**FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)**  
**DEPARTMENT OF PSYCHOLOGY**  
**COURSE CURRICULUM**

<b>PART-A: Introduction</b>			
Program: Bachelor in Arts (Honors/Honors with Research)		Semester - VIII	Session:2024-2025
1	Course Code	PSSE- 09P	
2	Course Title	Lab Course -9 (Activity)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	<i>As per program</i>	
5	Course Learning Outcomes (CLO)	<i>After the completion of course, the students will have ability of:</i> ➤ Skills on mental health assessment ➤ Skills on handwriting analysis ➤ Understanding of cognitive interviews	
6	Credit Value	01 Credit	<i>(Credit = 30 Hrs for Practices/ Field work)</i>
7	Total Marks	Max. Marks: 50	Min Passing Marks: 20

<b>PART -B: Content of the Course</b>			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Module	Topics ( ANY ONE)		No. of Period
1	Carrying out handwriting analysis so that the student can investigate characteristics of handwriting for gaining clues about the perpetrator.		30
2	To visit a forensic biology lab to learn the basic techniques and tools being used in the field.		
3	Conducting forensic and cognitive interviews to elicit detailed information about a possible event.		
4	Conducting forensic mental health assessments based on appropriate psychological principles in the forensic context.		
<b>Keywords</b>	<i>Handwriting Analysis, Forensic Biology, Forensic Mental Health Assessment</i>		

<b>PART-C</b>
<b>Learning Resources: Text Books, Reference Books and Others</b>
<b>Text Books Recommended -</b>
<b>Online Resources-</b>
<b>e-Resources / e-books and e-learning portals</b> ➤ <a href="https://egvankosh.ac.in/">https://egvankosh.ac.in/</a> ➤ <a href="https://epgp.inflibnet.ac.in/Home">https://epgp.inflibnet.ac.in/Home</a> ➤ <a href="https://ndl.iitkgp.ac.in/homestudy/humanities">https://ndl.iitkgp.ac.in/homestudy/humanities</a>

Page | 91

<p><b>Online Resources-</b></p> <p><b>e-Resources / e-books and e-learning portals</b></p> <ul style="list-style-type: none"> <li>➤ Swayam Central <a href="https://swayam.gov.in">https://swayam.gov.in</a></li> <li>➤ youtube</li> </ul>
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<b>Part - D: Assessment and Evaluation</b>		
<b>Suggested Continuous Evaluation Methods:</b>		
<b>Maximum Marks:</b>	<b>50 Marks</b>	
<b>Continuous Internal Assessment (CIA):</b>	<b>15 Marks</b>	
<b>End Semester Exam (ESE):</b>	<b>35 Marks</b>	
<b>Internal Assessment:</b>	Internal Test / Quiz-(2): <b>10 &amp; 10</b>	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against <b>15</b> Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar+ Attendance- <b>05</b>	
	Total Marks - <b>15</b>	
<b>End Semester Exam (ESE):</b>	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Activity Report Submission)-	<b>20</b>
	B. Spotting based on tools & technology (written) (Presentation)-	<b>10</b>
	C. Viva-voce (based on principle/technology) -	<b>05</b>
	Total Marks-	<b>35</b>

*Name and Signature of Convener & Members of CBoS:*

*Shubla  
Bachayati Shukla*

*Anand*

*Ashokan*

*Anshu  
Anantika*

*Deepa  
Dattatreya*

*Rachita Shivata*

*Smt. Jayshree Panchangam*

*Alka Kerketta*

*Tripti Biswas*

*Dr. A. Deveshkar*

*Ganeshyash Tripathi*

*Dr. B. Hanan*

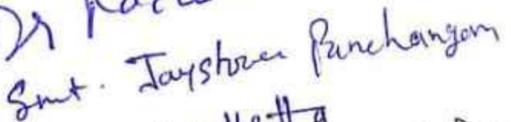
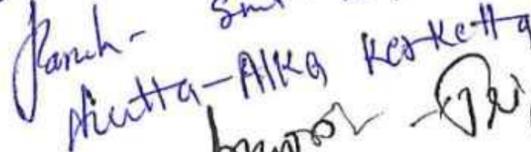
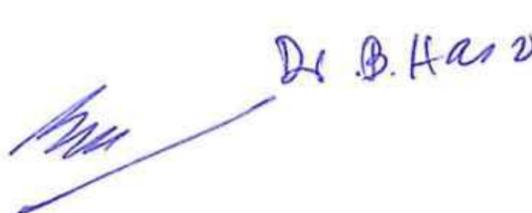
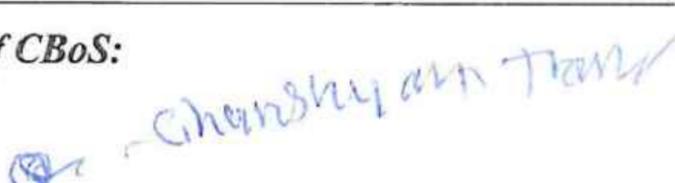
*Dr. B. K. Sambr*



	4.3 Reinforcement Strategies, Environmental Movements.
<b>Keywords</b>	<i>Environmental Psychology, Human Environment Relationship, Transactions, Stress, Pollution, Pro Environmental Behavior, Environmental Education.</i>
<b>PART-C</b>	
<b>Learning Resources: Text Books, Reference Books and Others</b>	
<b>Text Books Recommended</b>	
<ol style="list-style-type: none"> <li>1. Fisher, J.D., Bell, P.A., and Baum, A. (1984). <i>Environmental Psychology</i>. NY: Holt, Rinchart and Winston.</li> <li>2. Jain, U. (1987). <i>The psychological consequences on crowding</i>. New Delhi, India: Sage.</li> <li>3. Jain, U., &amp; Palsane, M. N. (2004). Environment and behaviour. In J. Pandey (Ed.), <i>Psychology in India revisited: Developments in the discipline (Vol. 3: Applied social and organizational psychology</i>, pp. 261-308). New Delhi, India: Sage.</li> <li>4. Nagar, D. (2006). <i>Environmental psychology</i>. New Delhi, India: Concept.</li> </ol>	
<b>Online Resources--</b>	
<b>e-Resources / e-books and e-learning portals</b>	
<ul style="list-style-type: none"> <li>➤ <a href="https://egvankosh.ac.in/">https://egvankosh.ac.in/</a></li> <li>➤ <a href="https://epgp.inflibnet.ac.in/Home">https://epgp.inflibnet.ac.in/Home</a></li> <li>➤ <a href="https://ndl.iitkgp.ac.in/homestudy/humanities">https://ndl.iitkgp.ac.in/homestudy/humanities</a></li> </ul>	
<b>Online Resources--</b>	
<b>e-Resources / e-books and e-learning portals</b>	
<ul style="list-style-type: none"> <li>➤ Swayam Central <a href="https://swayam.gov.in">https://swayam.gov.in</a></li> <li>➤ youtube</li> </ul>	

<b>Part - D: Assessment and Evaluation</b>		
<b>Suggested Continuous Evaluation Methods:</b>		
<b>Maximum Marks:</b>	<b>100 Marks</b>	
<b>Continuous Internal Assessment (CIA):</b>	<b>30 Marks</b>	
<b>End Semester Exam (ESE):</b>	<b>70 Marks</b>	
<b>Continuous Internal Assessment (CIA): (By Course Teacher)</b>	Internal Test / Quiz-(2): <b>20 +20</b> Assignment / Seminar - <b>10</b> Total Marks - <b>30</b>	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against <b>30 Marks</b>
<b>End Semester Exam (ESE):</b>	<b>Two section - A &amp; B</b> Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks <b>Total Marks=70</b>	

Name and Signature of Convener & Members of CBoS:

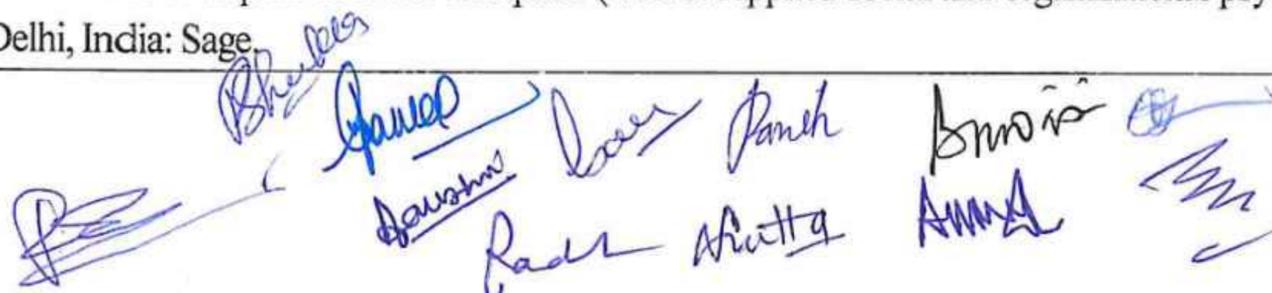
 Babhavati Shukla  
 Anurag Awasthi  
 Anshu Dhalakoti  
 Dr. Parul Shrivastava  
 Smt. Jayshree Panchangam  
 Anita Kerketta  
 Dr. B. Harsh  
 Dipika Bhowmik  
 Chanskyan Tripathi

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)  
DEPARTMENT OF PSYCHOLOGY  
COURSE CURRICULUM

<b>PART-A: Introduction</b>			
Program: Bachelor in Arts (Honors/Honors with Research)		Semester -VIII	Session:2024-2025
1	Course Code	PSSE- 10P	
2	Course Title	Lab Course -10 (Activity)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes (CLO)	<i>After the completion of course, the students will have ability of:</i> ➤ <i>Insight about the environmental stressors in terms of locale</i> ➤ <i>Understanding of destructive mindDiscipline Electivec Course (DSE)t towards environment</i> ➤ <i>Awareness regarding environmental movements</i>	
6	Credit Value	01 Credit	(Credit = 30 Hrs for Practices/ Field work)
7	Total Marks	Max. Marks: 50	Min Passing Marks: 20

<b>PART -B: Content of the Course</b>		
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)		
Module	Topics (ANYONE)	No. of Period
1	Preparing a checklist of environmental stressors of rural and urban life, and collecting data.	30
2	Profiling the environmentally destructive mindset observing in public places like hospitals, railway stations, metro stations, bus stops, roads etc. and identifying those people who engage in anti-environmental behavior, seeking consent from them to participate in a study.	
3	Making presentations of successful environmental movements across the world like the Chipko movement, Green Peace "Save the Antarctic" etc.	
<b>Keywords</b> <i>Environmental Stressor, Destructive mindset Environmental Movement.</i>		

<b>PART-C</b>	
<b>Learning Resources: Text Books, Reference Books and Others</b>	
<b>Reference Books Recommended –</b>	
1.Fisher, J.D., Bell, P.A., and Baum, A. (1984). Environmental Psychology. NY: Holt, Rinchart and Winston. 2.Jain, U. (1987). The psychological consequences on crowding. New Delhi, India: Sage. 3.Jain, U., & Palsane, M. N. (2004). Environment and behaviour. In J. Pandey (Ed.), Psychology in India revisited: Developments in the discipline (Vol. 3: Applied social and organizational psychology, pp. 261-308). New Delhi, India: Sage.	



4.Nagar, D. (2006). Environmental psychology. New Delhi, India: Concept

**Online Resources-**

**e-Resources / e-books and e-learning portals**

- <https://egyankosh.ac.in/>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

**Online Resources-**

**e-Resources / e-books and e-learning portals**

- Swayam Central  
<https://swayam.gov.in>
- youtube

**Part - D: Assessment and Evaluation**

**Suggested Continuous Evaluation Methods:**

**Maximum Marks: 50 Marks**  
**Continuous Internal Assessment (CIA): 15 Marks**  
**End Semester Exam (ESE): 35 Marks**

<b>Internal Assessment:</b>	Internal Test / Quiz-(2): 10 & 10	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar+ Attendance- 05	
	Total Marks - 15	
<b>End Semester Exam (ESE):</b>	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Activity Report Submission)-20	
	B. Spotting based on tools & technology (written) (Presentation)-	10
	C. Viva-voce (based on principle/technology) -	05
	Total Marks-	35

*Shukla*  
*Bachchanati Shukla*  
**Name and Signature of Convener & Members of CBoS:**

*(Signature)*  
*(Signature)*

*Amrita*  
*Amritika*  
*Deepa*  
*Tejika Sekh*

*Rachna - Dr Radhika Shrivastava*

*Pooja - Smt. Jayshree Panchangam*

*Arushi - Alka Kerketta*

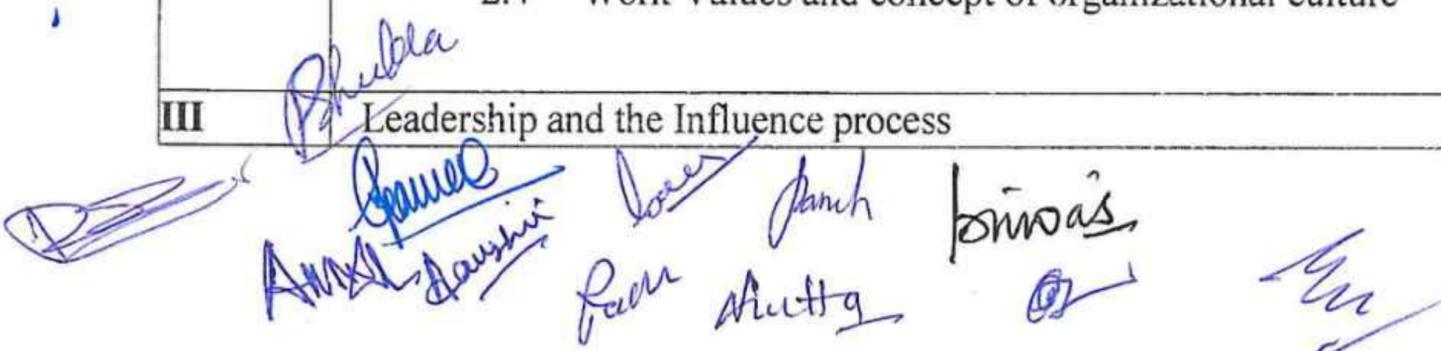
*Arushi - Priya Biswas*

*Arushi - Dr. A. Desai*

*Arushi - Ghanshyam Thakur*  
*Arushi - Dr. B. Han*  
*Arushi - Dr. B. K. Sankar*

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)  
DEPARTMENT OF PSYCHOLOGY  
COURSE CURRICULUM

<b>PART-A: Introduction</b>			
Program: Bachelor in Arts (Honors/Honors with Research)		Semester - VIII	
Session:2024-2025			
1	Course Code	PSSE- 11T	
2	Course Title	Foundations of Organizational Psychology	
3	Course Type	<i>Discipline Elective Course (DSE)</i>	
4	Pre-requisite(if, any)	<i>As per program</i>	
5	Course Learning Outcomes (CLO)	<p><i>After the completion of course, the students will have ability of:</i></p> <ul style="list-style-type: none"> <li>➤ <i>Developing a deeper understanding of conceptual and theoretical bases of motivation and employees' work attitudes and their relationship with performance and organizational outcomes.</i></li> <li>➤ <i>Understanding leadership processes from different theoretical perspectives.</i></li> <li>➤ <i>Understanding group dynamics, working through conflicts and working in teams.</i></li> </ul>	
6	Credit Value	03 Credit	<i>Credit = 15 Hours - learning &amp; Observation</i>
7	Total Marks	Max. Marks: 100	Min Passing Marks: 40
<b>PART -B: Content of the Course</b>			
Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)			
Unit	Topics (Course contents)		No. of Period
I	<p>Introduction</p> <p>1.1 Nature and facets of organizational psychology, Contribution of other social science subjects to organizational psychology.</p> <p>1.2 Historical Developments: The Early Years, Classical School: Taylor, Fayol &amp; Weber. Human Relations Approach. Concept of organizational change.</p> <p>1.3 Organizational Psychology in the Indian context: Replication and Integration.</p>		12
II	<p>Employee motivation and Job Attitudes</p> <p>2.1 Nature of Work motivation, Five key concepts (Behavior, Performance, Ability, Situation and Motivation), Role of self-esteem in motivation</p> <p>2.2 Theories of Work motivation: Content theory (Herzberg), Process theories: Vroom's Expectancy Theory and Goal Setting theory,</p> <p>2.3 Job Attitude: Positive Organizational Behavior, Brief Introduction to Organizational Commitment, Employee'- Engagement.</p> <p>2.4 Work Values and concept of organizational culture</p>		11
III	<p>Leadership and the Influence process</p>		11





**Online Resources–****e-Resources / e-books and e-learning portals**

➤ Swayam Central

<https://swayam.gov.in>

➤ youtube

**Part - D: Assessment and Evaluation****Suggested Continuous Evaluation Methods:****Maximum Marks: 100 Marks****Continuous Internal Assessment (CIA): 30 Marks****End Semester Exam (ESE): 70 Marks**

<b>Continuous Internal Assessment (CIA):</b> (By Course Teacher)	Internal Test / Quiz-(2): 20 +20 Assignment / Seminar - 10 Total Marks - 30	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
<b>End Semester Exam (ESE):</b>	<b>Two section – A &amp; B</b> Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks Total Marks=70	

**Name and Signature of Convener & Members of CBoS:**

*Shubla*  
*Prabhavathi*  
*Shree*  
*Lakshmi*

*Amma*  
*Aravind*  
*Basu*  
*Lalitha Sekh*

*Rachita* - *Dr. Rachita Shrivastava*

*Pamh* - *Smt. Jayshree Panchang*

*Arutha* - *Alka Kerketta*

*Amma* - *Tripti Biswas*

*Amma* - *Dr. A. Deoushen*

*Amma* - *Ghanshyam Thary*

*Amma* - *Dr. B. Hana*

*Amma* - *Dr. B. K. Sankar*

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)  
DEPARTMENT OF PSYCHOLOGY  
COURSE CURRICULUM

**PART-A: Introduction**

<b>Program: Bachelor in Arts</b> <i>(Honors/Honors with Research)</i>		<b>Semester - VIII</b>	<b>Session:2024-2025</b>
1	Course Code	<b>PSSE- 11P</b>	
2	Course Title	<b>Lab Course -11 (Activity)</b>	
3	Course Type	<b>Laboratory Course</b>	
4	Pre-requisite(if, any)	<i>As per program</i>	
5	Course Learning Outcomes (CLO)	After the completion of course, the students will have ability of: ➤ <i>Understanding of leadership qualities (specifically in women).</i> ➤ <i>Understanding of work culture and motivation.</i> ➤ <i>Realization of self-potentials in organizational fields.</i>	
6	Credit Value	01 Credit	<i>(Credit = 30 Hrs for Practices/ Field work)</i>
7	Total Marks	<b>Max. Marks: 50</b>	<b>Min Passing Marks: 20</b>

**PART -B: Content of the Course**

<b>Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)</b>		
Module	Topics (ANY ONE)	No. of Period
1	A study of women leaders in organizations through the use of secondary data (website, online interviews, newspaper articles etc.) Women leaders of organizations such as Biba, Cremica etc. may be done. Themes like traits of women leaders, work-life balance etc. is quite interesting to be discussed in class.	30
2	Experiential activities/ workshops for skill building. a. Team building: Walking as a team with balloons in between without touching the balloon, ensuring that the balloon doesn't fall off. The group is lead to do some physical tasks without letting the balloon fall. b. Leadership emergence: With a group of participants standing on the bed-sheet, asking them to flip the bed sheet upside down, without anyone's foot touching the floor.	
3	Case study of an organization-  A group wise visit to an organization multiple times, interviewing employees (related to one or the other aspects of organizational functioning), collating the data, analyzing it. Data from observation as well as records of the organization may be studied.	
4	Self-reflection exercises on the relevance of motivation and emotion referring to One's personal goals.	
<b>Keywords</b>	<i>Women Leaders, Websites, Team Building, Work-Life Balance, Leadership Emergence</i>	

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**FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)**  
**DEPARTMENT OF PSYCHOLOGY**  
**COURSE CURRICULUM**

<b>PART-A: Introduction</b>			
Program: Bachelor in Arts <i>(Honors/Honors with Research)</i>		Semester -VIII	Session:2024-2025
1	Course Code	PSSE- 12T	
2	Course Title	Fundamentals of Clinical Psychology II	
3	Course Type	<i>Discipline Elective Course (DSE)</i>	
4	Pre-requisite(if, any)	<i>As per program</i>	
5	Course Learning Outcomes (CLO)	After the completion of course, the students will have ability of: ➤ <i>Working knowledge and understanding of the major psychological disorders</i> ➤ <i>Critically review their signs and symptoms (Bipolar, Depressive Disorders, Schizophrenia and Neurodevelopmental Disorders).</i> ➤ <i>Developing a basic knowledge of the various treatments for abnormal behavior</i>	
6	Credit Value	03 Credit	<i>Credit = 15 Hours - learning &amp; Observation</i>
7	Total Marks	Max. Marks: 100	Min Passing Marks: 40

<b>PART -B: Content of the Course</b>		
Total No. of Teaching-learning Periods (01 Hr. per period) - 45 Periods (45 Hours)		
Unit	Topics (Course contents)	No. of Period
I	Bipolar, and Depressive Disorders: Clinical Picture and Etiology 1.1. Bipolar-I and Bipolar-II Disorders 1.2. Major Depressive Disorder	12
II	Schizophrenia: Clinical Picture and Etiology 2.1 Schizophrenia: Nature and Symptoms 2.2 Causes and Types 2.3 Treatment	11
III	Neurodevelopmental Disorders: Clinical Picture and Etiology 3.1 Intellectual Disability 3.2 Autism Spectrum Disorder 3.3 Attention Deficit/Hyperactivity Disorder	11
IV	Treatment of Abnormal Behavior: 4.1 Biological Approaches 4.2. Psychological Approaches: Behavioral, Cognitive, Humanistic and Psychoanalytic, 4.3 Indian Approaches: Guru-Chela relationship and Logo therapy: Vedantic	11

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	Approach
<b>Keywords</b>	<i>Bipolar, Depressive Disorder, Schizophrenia, Neuro Development Disorder, Abnormal Behavior.</i>

### PART-C

#### Learning Resources: Text Books, Reference Books and Others

##### Text Books Recommended –

1. Butcher, J.N., Hooly, J. M, Mineka, S. & Dwivedi, C.B (2017). *Abnormal Psychology*. New Delhi: Pearson.
2. Comer, R. J. (2015). *Abnormal psychology*. New York: Worth publishers.
3. *Diagnostic and Statistical Manual of Mental Disorders*. (2013). Washington, D.C.
4. Nevid, J., Rathus, S., & Greene, B. (2014). *Abnormal psychology in a changing world*. Upper Saddle River, NJ: Pearson Prentice Hall.
5. *The ICD-10 Classification of Mental and Behavioural Disorders*. (1992). Geneva

##### Online Resources–

###### e-Resources / e-books and e-learning portals

- <https://egyankosh.ac.in/>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

##### Online Resources–

###### e-Resources / e-books and e-learning portals

- Swayam Central  
<https://swayam.gov.in>
- youtube

### Part - D: Assessment and Evaluation

#### Suggested Continuous Evaluation Methods:

Maximum Marks:	100 Marks
Continuous Internal Assessment (CIA):	30 Marks
End Semester Exam (ESE):	70 Marks

<b>Continuous Internal Assessment (CIA):</b> (By Course Teacher)	Internal Test / Quiz-(2):	20 +20	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
	Assignment / Seminar -	10	
	Total Marks -	30	
<b>End Semester Exam (ESE):</b>	<b>Two section – A &amp; B</b> Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks <b>Total Marks =70</b>		

Name and Signature of Convener & Members of CBoS:

*Shubh*  
*Bachchan*  
*Sharma*  
*Sharma*  
*Sharma*  
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FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)  
DEPARTMENT OF PSYCHOLOGY  
COURSE CURRICULUM

<b>PART-A: Introduction</b>			
Program: Bachelor in Arts (Honors/Honors with Research)		Semester - VIII	Session:2024-2025
1	Course Code	PSSE- 12P	
2	Course Title	Lab Course -12 (Activity)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes (CLO)	After the completion of course, the students will have : ➤ Skills on case recording and analysis ➤ Assessment skills ➤ Insight development on mental health	
6	Credit Value	01 Credit	(Credit = 30 Hrs for Practices/ Field work)
7	Total Marks	Max. Marks: 50	Min Passing Marks: 20
<b>PART -B: Content of the Course</b>			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Module	Topics (ANYONE)		No. of Period
1	Making use of you-tube videos to help understand various disorders and their symptoms.		30
2	Clinical case analysis with use of secondary data including movies (signs, symptoms, etiology)		
3	Interview of cases from the above list of disorders (mental status examination and case history)		
4	Clinical assessment using 16PF, MMPI, Beck Cognitive Inventory etc.		
5	Students develop a mental health awareness program for a common disorder prevalent in that community for e.g depression and anxiety. For instance, the agenda of one such campaign could be to spread awareness, bust myths and instill sensitivity in the community on mental health, mental illness, suicide, and suicide prevention. The awareness program may be a week long and may consist of movie screening, interactive sessions, mental health awareness walk - street plays, group discussions, workshops and other simple fun activities such as "Pop the stress & Create Joy" where participants may write the major stressors of their lives on a balloon and burst the balloon, as a symbol of destroying that stress.		
Keywords	You-Tube Videos, Clinical Case Analysis, Secondary Data, MSE, 16PF, MMPI, Beck Cognitive Inventory		

*Shubla*

*Anurag  
Bhatnagar*

*Aashu  
Arora*

*Pam  
Arora*

*Arora*

*Arora*

*Arora*

*Arora*



FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)  
DEPARTMENT OF PSYCHOLOGY  
COURSE CURRICULUM

<b>PART-A: Introduction</b>			
<b>Program: Bachelor in Arts</b> <i>(Certificate/Diploma/Degree/Honors)</i>		<b>Semester-I</b>	<b>Session:2024-2025</b>
1	Course Code	PSGE-01T	
2	Course Title	Introduction to Psychology	
3	Course Type	<i>Generic Elective</i>	
4	Pre-requisite(if, any)	<i>As per program</i>	
5	Course Learning Outcomes(CLO)	<i>After the completion of course, the students will have ability to:</i> <ul style="list-style-type: none"> <li>➤ <i>Learning what psychology is all about.</i></li> <li>➤ <i>Appreciation of the scope and the field of psychology.</i></li> <li>➤ <i>Developing familiarity with basic concepts related to some foundational themes of study in psychology such as learning, memory, perception, thinking, emotion, motivation and human biological system including brain</i></li> <li>➤ <i>Developing familiarity with individual level phenomenon such as intelligence, and personality.</i></li> </ul>	
6	Credit Value	03 Credit	<i>Credit = 15 Hours - learning &amp; Observation</i>
7	Total Marks	Max.Marks:100	Min Passing Marks:40
<b>PART-B: Content of the Course</b>			
<b>Total No. of Learning-Training (01 Hr. per period) - 45 Periods (45 Hours)</b>			
Unit	Topics (Course contents)		No. of Period
<b>I</b>	Introduction: 1.5 Nature of Psychology: Definition, Fields of Psychology, Introduction to schools of modern psychology 1.6 Psychology in India: History and current status 1.7 Methods of psychology: Introspection, Observation, Experiment and Interview 1.8 Biological basis of human behavior: Nervous System and Glands		<b>12</b>
<b>II</b>	Learning, Memory and Perception 2.1 Learning: Classical conditioning, instrumental learning, Observational learning (socio-cognitive learning); 2.2 Memory: Models of memory: Information processing model (Sensory register, STM, LTM and concept of working memory) 2.3 Reconstructive nature of memory; Forgetting, Nature and interfering theory		<b>11</b>
<b>III</b>	Motivation & Emotion 3.5 Approaches to understand Motivation; Maslow and Arousal theory 3.6 Types of Motives (Biological and Social) 3.7 Emotion ; Nature and type		<b>11</b>

	3.8 Emotional Intelligence and Gender	
IV	Individual differences: Personality and Intelligence 4.3 Nature of Personality and Intelligence 4.4 Personality: Theories Nature concept, Big Five Personality Traits 4.3 Intelligence: Theories (Spearman, Thurston )	11
Keywords	<i>Nervous system ,Motivation, Emotion, Learning, Memory ,Perception, Emotional Intelligence, Personality ,Intelligence</i>	

## PART-C

### Learning Resources: Text Books, Reference Books and Others

#### *Text Books Recommended*

11. Mangal, S.K. (2016), General Psychology first edition, Sterling
12. Shrivastav , D.N. (2012), General Psychology first edition, Agrawal Publications , Sanjay Nagar, Agra
13. Shrivastav , D.N. and Verma Preeti (2018-19), Adhunik Samanya Manovigyan, Agrawal Publications , Sanjay Nagar, Agra
14. Singh , A.K. (2015-16), Adhunik Samanya Manovigyan, Motilal Banarsidas, Jawahar Nagar , New Delhi
15. Singh , A.K. (2015-16), Samanya Manovigyan, Motilal Banarsidas, Jawahar Nagar , New Delhi
16. Ajimurahmaan (2015-16), Samanya Manovigyan, Motilal Banarsidas, Jawahar Nagar , New Delhi
17. Baron, R.& Misra. G.(2014) *Introduction to Psychology*. New Delhi: Pearson
18. Ciccarelli,S.K.&White,J.N.&Misra,G.(2018).*Psychology*.NewDelhi:Pearson Education.
19. Morgan, CT.,King, R., Weisz,J.& Schopler,J.(2017).*Introduction to Psychology*(7<sup>th</sup>Ed). McGraw Hills.
20. Panel Gullybabacom, General Psychology, Gulyibaba Publishing House Pvt. Ltd

#### *Reference Books Recommended*

1. Holt,N.,Bremner,A.,Sutherland,E.,Vliek,M.andPasser,M.,&Smith,R.(2015). Psychology: The Science of Mind and Behaviour. London: Tata McGraw-Hill
2. Banyard, P., Davies , M. N.O., Norman, C. & Winder, B. (Eds.) (2010).Essential psychology. New Delhi: SAGE Publications

#### Online Resources–

##### e-Resources/e-books and e-learning portals

- Swayam Central  
<https://swayam.gov.in>
- youtube

#### Online Resources–

##### e-Resources/e-books and e-learning portals

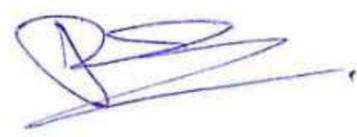
- <https://egyankosh.ac.in/>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>



**FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)**  
**DEPARTMENT OF PSYCHOLOGY**  
**COURSE CURRICULUM**

<b>PART-A: Introduction</b>			
<b>Program: Bachelor in Arts</b> <i>(Certificate/Diploma/Degree/Honors)</i>		<b>Semester- I</b>	Session:2024-2025
1	Course Code	PSGE-01P	
2	Course Title	Lab Course -1 (Experiment &Activity)	
3	Course Type	Generic Elective (Laboratory Course)	
4	Pre-requisite(if, any)	<i>As per program</i>	
5	Course Learning Outcomes(CLO)	<i>After the completion of course, the students will have ability to:</i> <ul style="list-style-type: none"> <li>➤ <i>Concept clarification</i></li> <li>➤ <i>Applicability of skill development</i></li> <li>➤ <i>Develop analytical thinking</i></li> </ul>	
6	Credit Value	01 Credit	<i>Credit =30 Hours Laboratory or Field learning/Training</i>
7	Total Marks	Max.Marks:50	Min Passing Marks:20
<b>PART-B: Content of the Course</b>			
<b>Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)</b>			
Experiment	Topics	No. of Period	
1	Effect of set on Perception	30	
2	Learning Curve/ Serial Position Curve		
3	Short Term Memory		
4	Retroactive Inhibition		
<b>Activity</b>	<p>The rumor chain game is a very simple illustration of the reconstructive nature of long-term memory and the role of schemas (e.g. gender role expectations and prejudices) in this process. a story that is short enough to allow retelling several times in class, but detailed enough that students are unlikely to remember all aspects of it. Send a few participants out of the room. The student reads aloud a short story to the one participant in the room. She is required to repeat the story to the new participant who is brought about. This newcomer will repeat it to the next participant who is invited to the room and so on. This continues until the last student who hears the story repeats it to the class. The student observes how the story has under gone change and the reconstructive nature of memory.</p>		
<b>Keywords</b>	<i>Rumor Chain, Perception, Learning, Memory, Retroactive Inhibition</i>		

*Bhushan*  
*Anand*  
*Anshu*  
*Panch*  
*Rishi*  
*Anita*  
*Anish*  
*Anish*

<b>PART-C</b>		
<b>Learning Resources: Text Books, Reference Books and Others</b>		
<b>Text Books Recommended</b>		
3. Shrivastav, D.N. and Verma Preeti (2014-15), Adhunik Prayogatmak Manovigyan, Agrawal Publications, Sanjay Nagar, Agra		
4. Woodworth, R.S. & Schlosberg, H. (1954). Experimental Psychology Oxford & IBH Publishing company Pvt. Ltd., New Delhi		
<b>Online Resources-</b>		
<b>e-Resources/e-books and e-learning portals</b>		
➤ Swayam Central <a href="https://swayam.gov.in">https://swayam.gov.in</a>		
➤ youtube		
<b>Online Resources-</b>		
<b>e-Resources/e-books and e-learning portals</b>		
➤ <a href="https://egyankosh.ac.in/">https://egyankosh.ac.in/</a>		
➤ <a href="https://epgp.inflibnet.ac.in/Home">https://epgp.inflibnet.ac.in/Home</a>		
➤ <a href="https://ndl.iitkgp.ac.in/homestudy/humanities">https://ndl.iitkgp.ac.in/homestudy/humanities</a>		
<b>Part-D: Assessment and Evaluation</b>		
<b>Suggested Continuous Evaluation Methods:</b>		
Maximum Marks: <b>50 Marks</b>		
Continuous Internal Assessment (CIA): <b>15 Marks</b>		
End Semester Exam (ESE): <b>35 Marks</b>		
<b>Internal Assessment:</b>	Internal Test / Quiz-(2): <b>10 &amp; 10</b>	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against <b>15 Marks</b>
Continuous Internal Assessment (CIA)	Assignment/Seminar + Attendance - <b>05</b>	
	Total Marks- <b>15</b>	
<b>End Semester Exam (ESE):</b>	Laboratory / Field Skill Performance: On spot Assessment	
	A. Performed the Task based on lab. Work (Conduction of Experiment)- <b>20</b>	
	B. Spotting based on tools & technology (written) (Report writing)- <b>10</b>	
	C. Viva-voce (based on principle/technology) - <b>05</b>	
	Total Marks- <b>35</b>	

**Name and Signature of Convener & Members of CBoS:**

*Shubla Prabhavati Shukla*  
*Lakshmi Anand*

*Anusha Awasthi*  
*Lawalita*

*Rachita Shrivastava*  
*Jayshree Panchangam*

*Alka Kerketta*  
*Dr. P. B. Sinha*

*Dr. A. Deveshwar*

*Dr. B. Haran*

*Dr. B. L. Singh*

**FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)**  
**DEPARTMENT OF PSYCHOLOGY**  
**COURSE CURRICULUM**

<b>PART-A: Introduction</b>			
Program: Bachelor in Arts (Certificate/Diploma/Degree/Honors)		Semester– II	Session:2024-2025
1	Course Code	PSGE-02T	
2	Course Title	Psychology of Disorders	
3	Course Type	Generic Elective	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	<i>After the completion of course, the students will have ability to:</i> <ul style="list-style-type: none"> <li>➤ Establish the criteria of Normality and Abnormality.</li> <li>➤ Learns about the Models of Psychopathology.</li> <li>➤ Get equipped with Assessment of Psychopathology.</li> <li>➤ Acquire the general idea of Anxiety Disorders and Obesity.</li> <li>➤ Know the facts about Mood Disorders, &amp; Personality Disorders.</li> </ul>	
6	Credit Value	03 Credit	(Credit=15Hours-learning&Observation
7	Total Marks	Max.Marks:100	Min Passing Marks:40
<b>PART-B: Content of the Course</b>			
<b>Total No. of Teaching–learning Periods (01 Hr. per period) - 45 Periods (45 Hours)</b>			
Unit	Topics(Course contents)		No. of Period
I	Psychopathology 1.4 The concept and criterion of Normality and Abnormality 1.5 Models of Psychopathology; Psychodynamic, Behavioral and Cognitive		12
II	Assessment of Psychopathology 2.1 Diagnostic Test ; Intelligence Test 2.2 Personality Test; MMPI and EPI		11
III	Anxiety 3.1Anxiety Disorders ; 3.2 Panic Disorders; 3.3 Phobia-; 3.4 Obsessive-Compulsive Disorder (OCD) ; (NATURE,CAUSES ,SYMPTOMS AND TREATMENT)		11
IV	Mood and Personality Disorders 4.2 Depression, Manic Depressive Episode 4.2 Schizoid Personality Disorder and Paranoid Personality Disorder		11
<b>Keywords</b>	<i>Normality, Abnormality, Diagnosis, Anxiety Disorder, Mood disorder and Personality disorder</i>		

*Shubh*  
*Anus*  
*Anus*  
*Ran*  
*Shetty*  
*Pank*  
*Sharma*  
*Anand*  
*Sharma*

**PART-C****Learning Resources: Text Books, Reference Books and Others****Text Books Recommended**

7. Mangal, S.K. (2020), Abnormal Psychology, Sterling Publishers Pvt. Ltd
8. Lamm, A.(1997) – Introduction to Psychopathology, Sage, N.Y.
9. Bennett, P.(2011), Abnormal and Clinical Psychology, An Introductory textbook, McGraw-Hill
10. G. Sarason Irwin & R. Sarason Barbara,(2017) Abnormal Psychology, Pearson Education
11. Singh, L. & Tiwari, G. (2020) – Asamanya Manovigyan, Agara Vinod Pustak, Bhandar.
12. Singh, A.K. (2016)–Aadhunik Asamanya Manovigyan. Motilal Banarsidas , Delhi

**Reference Books Recommended**

1. Buss, A.H. (1999) – Psychopathology N.Y .John Wilcy
2. Robert C Karson and James and Butcher (2001), Fundamental of Abnormal Psychology and Modern Life, Pearson

**Online Resources–****e-Resources/e-books and e-learning portals**

- Swayam Central  
<https://swayam.gov.in>
- Youtube

**Online Resources–****e-Resources/e-books and e-learning portals**

- <https://egyankosh.ac.in/handle/123456789/4448>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

**Part-D: Assessment and Evaluation****Suggested Continuous Evaluation Methods:**

<b>Maximum Marks:</b>	<b>100 Marks</b>
<b>Continuous Internal Assessment (CIA):</b>	<b>30 Marks</b>
<b>End Semester Exam (ESE):</b>	<b>70 Marks</b>

<b>Continuous Internal Assessment (CIA): (By Course Teacher)</b>	Internal Test / Quiz-(2): <b>20 +20</b> Assignment / Seminar - <b>10</b> Total Marks - <b>30</b>	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against <b>30</b> Marks
<b>End Semester Exam (ESE):</b>	<b>Two section – A &amp; B</b> Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks	

Name and Signature of Convener & Members of CBoS:

*Shukla*  
*Prabhat Shukla*

*Aanshu* *Basu* *Panch*  
*Ram* *Aratta*

*Arora*  
*Arora*

*Arora*

*Arora*

**FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)**  
**DEPARTMENT OF PSYCHOLOGY**  
**COURSE CURRICULUM**

<b>PART-A: Introduction</b>			
Program: Bachelor in Arts (Certificate/Diploma/Degree/Honors))		Semester– II	Session:2024-2025
1	Course Code	PSGE-02P	
2	Course Title	Lab Course -2 (Psychological Testing)	
3	Course Type	Generic Elective (Laboratory Course)	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	After the completion of course, the students will develop : ➤ Assessment Ability ➤ Understanding of Psychological Test	
6	Credit Value	01 Credit	(Credit= 30Hrs for Practices/Field work)
7	Total Marks	Max.Marks:50	MinPassingMarks:20
<b>PART-B: Content of the Course</b>			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Test	Topics(Course contents)	No. of Period	
1	Anxiety Test	30	
2	Big Five Personality test		
3	Depression Test		
4	Intelligence Test		
<b>Keywords</b>	<i>Assessment, Psychological Tests, Anxiety, Depression, Intelligence, Personality</i>		

<b>PART-C</b>	
<b>Learning Resources: Text Books, Reference Books and Others</b>	
<b>Text Books Recommended</b>	
5. Lamm, A.(1997) – Introduction to Psychopathology, Sage, N.Y. 6. Buss, A.H. (1999) – Psychopathology N.Y. John Wilcy 7. Robert C Karson and James and Butcher (2001), Fundamental of Abnormal Psychology and Modern Life, Pearson 8. Shrivastav , D.N. and Verma Preeti (2014-15), Adhunik Prayogatmak Manovigyan Agrawal Publications , Sanjay Nagar, Agra	
<b>Online Resources–</b>	
<b>e-Resources/e-books and e-learning portals</b>	
Swayam Central	
	➤ <a href="https://swayam.gov.in">https://swayam.gov.in</a>
	➤ <a href="https://egyankosh.ac.in/handle/123456789/4448">https://egyankosh.ac.in/handle/123456789/4448</a>

**Online Resources-****e-Resources/e-books and e-learning portals**

- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

**Part-D: Assessment and Evaluation****Suggested Continuous Evaluation Methods:****Maximum Marks: 50 Marks****Continuous Internal Assessment (CIA): 15 Marks****End Semester Exam (ESE): 35 Marks**

<b>Internal Assessment:</b> Continuous Internal Assessment (CIA)	Internal Test/ Quiz-(2): <b>10 &amp; 10</b> Assignment/Seminar + Attendance - <b>05</b> Total Marks - <b>15</b>	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against <b>15</b> Marks
<b>End Semester Exam (ESE):</b>	Laboratory / Field Skill Performance: On spot Assessment A. Performed the Task based on lab. Work (Conduction of Test) - <b>20</b> B. Spotting based on tools & technology (written) (Report writing)- <b>10</b> C. Viva-voce (based on principle/technology) - <b>05</b> Total Marks- <b>35</b>	

**Name and Signature of Convener & Members of CBoS:**

*Bhupla*  
Babhanvati Shukla

*General*  
Maharaj

*Aarshi*  
Aarshi Awantika

*Leela*  
Leela Zolita

*Rachita* - Dr. Rachita Shrivastava

*Jayshree* - Jayshree Panchangam

*Alka* - Alka Kerketta

*Nishi* - Nishi Bhowas

*GhanShekhar* - GhanShekhar Tripathi

*Dr. A. Deoushan* - Dr. A. Deoushan

*Dr. B. Haran* - Dr. B. Haran

*Dr. B. K. Sankar* - Dr. B. K. Sankar



<b>Online Resources–</b>		
<ul style="list-style-type: none"> <li>➤ e-Resources/e-books and e-learning portals</li> <li>➤ <a href="https://www.investopedia.com/terms/s/swot.asp">https://www.investopedia.com/terms/s/swot.asp</a></li> <li>➤ <a href="https://www.medicalnewstoday.com/articles/eustress-vs-distress#influential-factors">https://www.medicalnewstoday.com/articles/eustress-vs-distress#influential-factors</a></li> <li>➤ <a href="https://epgp.inflibnet.ac.in/Home/ViewSubject?catid=1kr76qw2h+vltP6ZdaFVbg">https://epgp.inflibnet.ac.in/Home/ViewSubject?catid=1kr76qw2h+vltP6ZdaFVbg</a></li> </ul>		
<b>Online Resources–</b>		
<b>e-Resources/e-books and e-learning portals</b>		
<ul style="list-style-type: none"> <li>➤ Swayam Central <a href="https://swayam.gov.in">https://swayam.gov.in</a></li> <li>➤ youtube</li> </ul>		
<b>Part-D: Assessment and Evaluation</b>		
<b>Suggested Continuous Evaluation Methods:</b>		
<b>Maximum Marks: 50 Marks</b> <b>Continuous Internal Assessment (CIA): 15 Marks</b> <b>End Semester Exam (ESE): 35 Marks</b>		
<b>Internal Assessment:</b>	Internal Test / Quiz-(2): <b>10 &amp; 10</b>	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 15 Marks
Continuous Internal Assessment (CIA)	Assignment/Seminar + Attendance - <b>05</b> Total Marks - <b>15</b>	
<b>End Semester Exam (ESE):</b>	<b>Two section – A &amp; B</b> Section A: Q1. Objective – <b>5 x1= 05 Mark;</b> Q2. Short answer type- <b>5x2 =10Marks</b> Section B: Descriptive answer type qts., 1out of 2 from each unit- <b>4x05 =20 Marks</b> <b>Total Marks = 35</b>	

**Name and Signature of Convener & Members of CBoS:**

*Shukla*  
Babhanwati Shukla

*Anurag*  
Anurag

*Deepa*  
Deepa

*Dr. B. Hanu*

*(Dr. B. Hanu)*

*Dr. L.*

*Panch-Sayshree Panchangam*

*Arzeta - AIKA Kerketta*

*Dr. D. B. Biswas*

*Chandhyan Thakur*

*Dr. A. Deouskar*

FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)  
DEPARTMENT OF PSYCHOLOGY  
COURSE CURRICULUM

PART-A: Introduction		
Program: Bachelor in Arts (Certificate / Diploma / Degree/Honors)		Semester-II/IV
Session:2024-2025		
1	Course Code	PSSEC- 01
2	Course Title	Statistical Package for Science & Social Science ( EXCEL, SPSS)
3	Course Type	Skill Enhancement Course
4	Pre-requisite(if, any)	As per program
5	Course Learning Outcomes (CLO)	After the completion of course, the students will have ability of: ➤ Basic understanding of statistics ➤ Skills on statistical calculation and analysis through soft wares
6	Credit Value	02 Credit Credit = 15 Hours - learning & Observation
7	Total Marks	Max. Marks: 50 Min Passing Marks: 20
PART -B: Content of the Course		
Total No. of Teaching-learning Periods (01 Hr. per period) - 30 Periods (30 Hours)		
Module / Unit	Topics (Course contents)	No. of Period
I	1,1 Nature and characteristics of a computer 1.2 Types of computer	08
II	2.1 What is Google form 2.2 How to create Google form, 2.3 Characteristics and functions of Google form.	07
III	3.1 Functions of Excel, and SPSS:, 3.2 Data Entry in Excel & SPSS, 3.3 Central Tendencies & Variability	08
IV	4. 1 What is Diagrammatic Representation of data. 4.2 Diagrammatic Representation of Data through Excel and SPSS 4.3 Power Point Presentation of Data	07
Keywords	Computer , Statistics, Google form ,Excel, SPSS Central tendency, Diagrammatic representation	

*Shubha*  
*Prasad*  
*Saurabh* *Das*

*Dr. B. K. Singh*

*(Dr. B. K. Singh)*

*Panch - Jayshree Panchangon*

*Arutya*  
*Jyotsna*  
*Amal*

## PART-C

### Learning Resources: Text Books, Reference Books and Others

#### Text Books Recommended –

1. Prasad, L.& Mishra, P.(2022) Data Analysis Using SPSS: Text and Cases, for Researchers, Teachers and Students, Nirali Prakashan
2. Field, A.(2019) Discovering Statistics using IBM SPSS Statistics, SAGE Publications India Pvt Ltd
3. Davis, C. (2013) SPSS step by step: Essentials for social and political science, Bristol University Press,
4. Ghosh, M. (2023) Business Statistics Using Excel, SPSS, and R., Cengage Learning India Pvt. Ltd.

#### Online Resources–

##### e-Resources / e-books and e-learning portals

- <https://egyankosh.ac.in/handle/123456789/4448>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

#### Online Resources–

##### e-Resources / e-books and e-learning portals

- Swayam Central  
<https://swayam.gov.in>
- youtube

## Part - D: Assessment and Evaluation

### Suggested Continuous Evaluation Methods:

Maximum Marks:	50 Marks
Continuous Internal Assessment (CIA):	15 Marks
End Semester Exam (ESE):	35 Marks

<b>Internal Assessment:</b> Continuous Internal Assessment (CIA)	Internal Test / Quiz-(2): 10 & 10 Assignment/Seminar +Attendance - 05 Total Marks - 15	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 15Marks
<b>End Semester Exam (ESE):</b>	<b>Two section – A &amp; B</b> Section A: Google Form Creation - 10 Marks Section B: Data Entry in Excel &PPT Presentation - 10 Marks Viva - 15 Marks Total Marks- 35 Marks	

### Name and Signature of Convener & Members of CBoS:

*Shankar Babarwati Shinde*  
*Convener*  
*(Signature)*

*Dr. A. Deonskar*  
*(Signature)*

*Aashvi Awantibha Lalita*  
*(Signature)*

*Dr. Bharati*  
*(Signature)*

*Pankaj - Dr. Rajchitra Shivastava*  
*Sarshree Panchangam*  
*Aritha - AIKA Kerketta*

*Dr. B. K. Sankar*  
*(Signature)*

*Sanjay - Shri. P. S. S. S.*  
*Chandhyan THM*